



#### Modeling COVID-19 Optimal Testing Strategies in Retirement Homes: An Optimization-based Probabilistic Approach

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#### **COVID-19 and Retirement Homes**

- The Residents are older adults with highly risk of infections and mortality. They are in contact with each other, staff, visitors and doctors.
- Controlling the spreading of the pandemic by isolating the residents is a challenge. Once the infection arrives at the facility, it spread so fast [1].
- According to the European Centre for Disease Prevention (ECDC), by May 2020, 37-66% of all COVID-19 related deaths in several EU countries were found in such homes [2]. In the US, over 30% of COVID-19 deaths were associated with nursing homes institutions [3].



https://www.aic.sg/care-services/nursing-home



https://account.bradenton.com/paywall/subscriberonly?resume=242117241&intcid=ab\_archive

#### Testing Process in Retirement Homes



Suppose an RH with *m* residents and *n* staff.

The residents are tested regularly by staff, who cleans and prepares the testing workspace for each group (or batch) of resident. Let  $P_{time}$  denote such preparation cost (time), and *k* be the number of groups.

Each resident has his/her testing cost,  $T_{time}$ . So,

Testing  $cost = k \times P_{time} + m \times T_{time}$ 



https://www.healthline.com/health-news/

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$$Testing \ cost = k \times P_{time} + m \times T_{time} \le n \times T_{time}$$



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Testing cost =  $k \times P_{time} + m \times T_{time} \le p \times n \times \tau$ 

*p*: Maximum portion (percent) of staff's time which can be allocated to the testing process



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#### **Testing Strategy**

A testing Strategy is (*k*, *τ*, *G*, *D*) where *k*: Number of groups

 $\tau$ : The test interval

$$(k = 2, \tau = 5, G = \{2, 4\}, D = \{3, 5\})$$

 $G = \{g_1, g_2, \dots, g_k\}$  a partitioning of the people

 $D = \{d_1, d_2, \dots, d_k\}$  testing day for each group

#### Two models for RH testing strategy (Model 1)

Minimize Expected Detection Time of  $(k, \tau, G, D)$ s.t.:

$$k \times P_{time} + m \times T_{time} \le p \times n \times \tau$$

$$\sum_{i=1}^{k} |g_i| = m$$

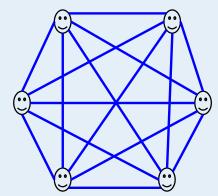
 $\tau \le Max_{\tau}$ 

 $|g_i| \leq Max_g, \quad \forall i = 1, 2, \dots, k$ 

If we can test a set of 6 people under one of the following testing strategies

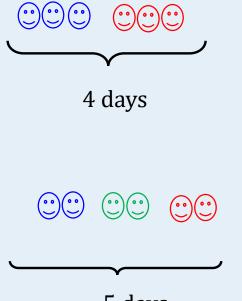
• Two groups, every 4 days

• Three groups, every 5 days



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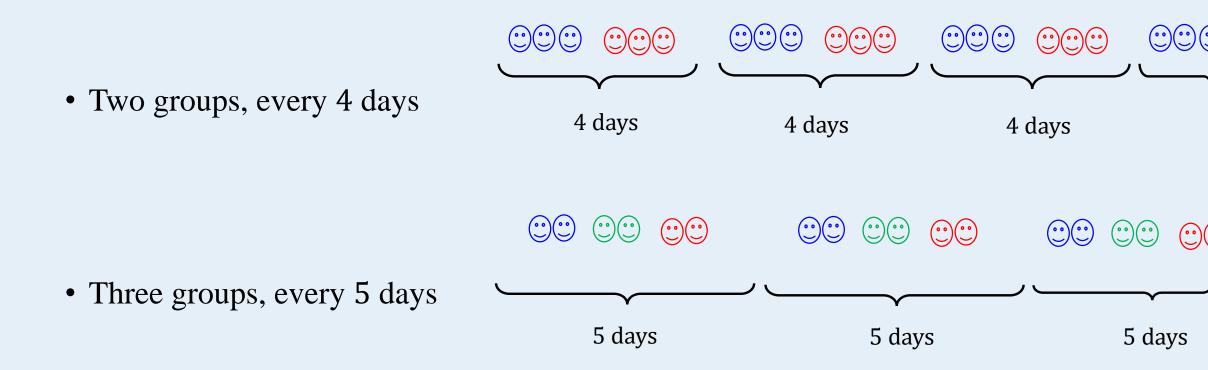
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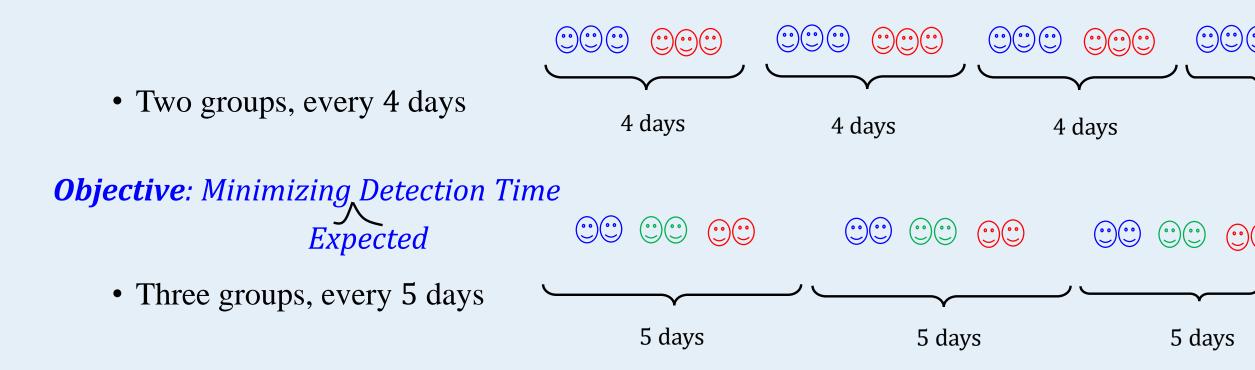
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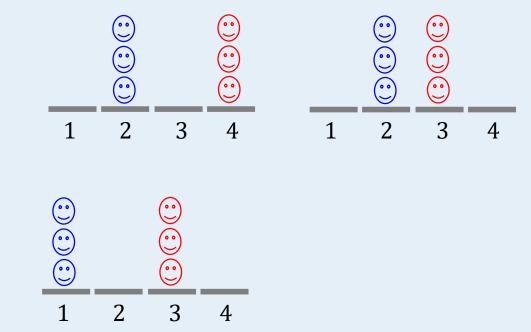


How do partition the people, and on which days do the tests?

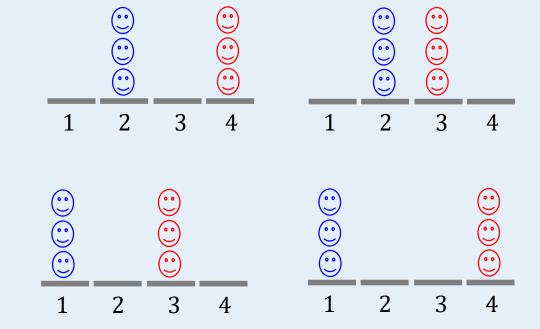
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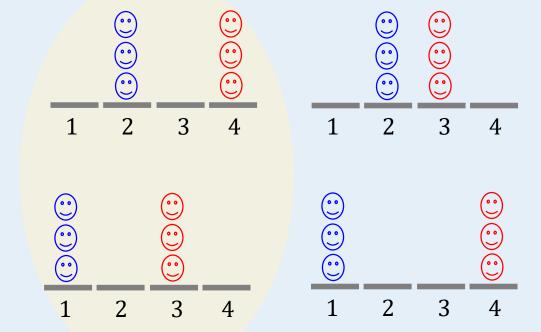
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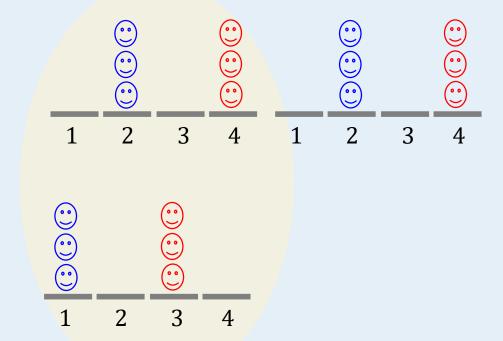


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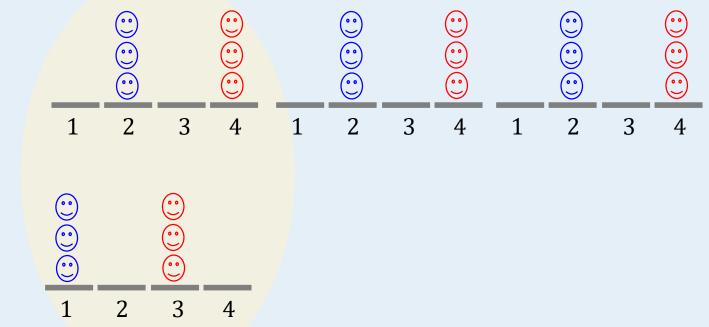


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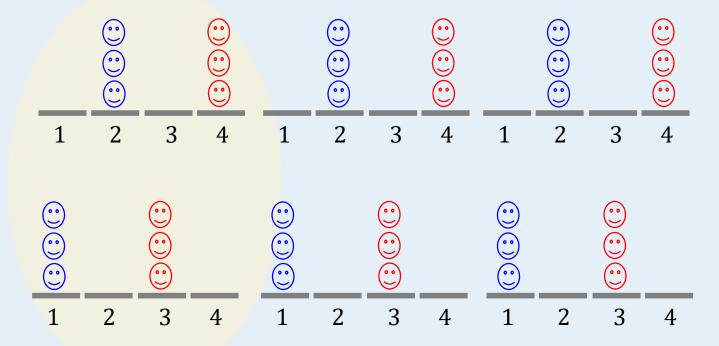
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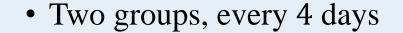
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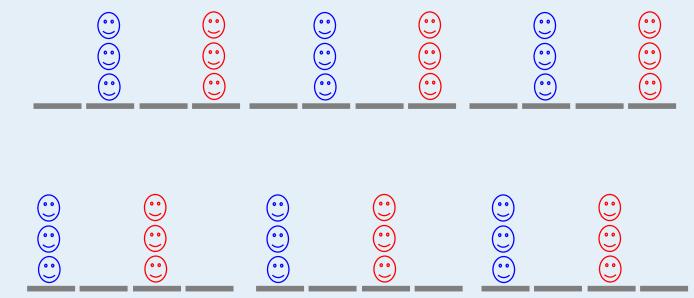


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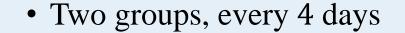


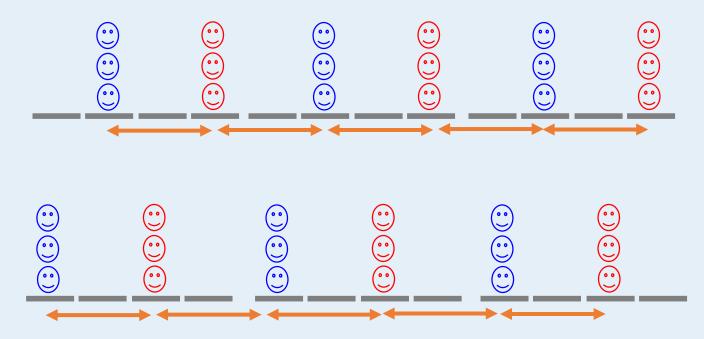
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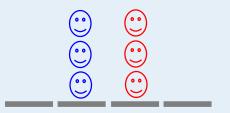


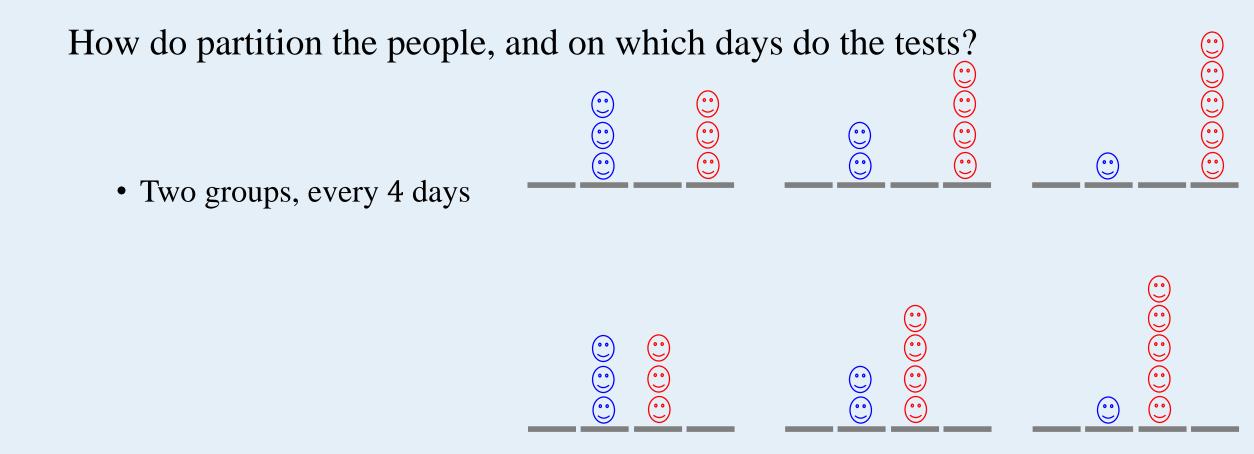


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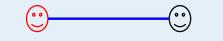
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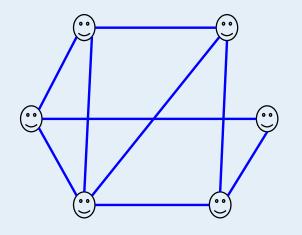


 $\beta$ : The probability of the virus transmits from one infected individual to a susceptible individual per one contact

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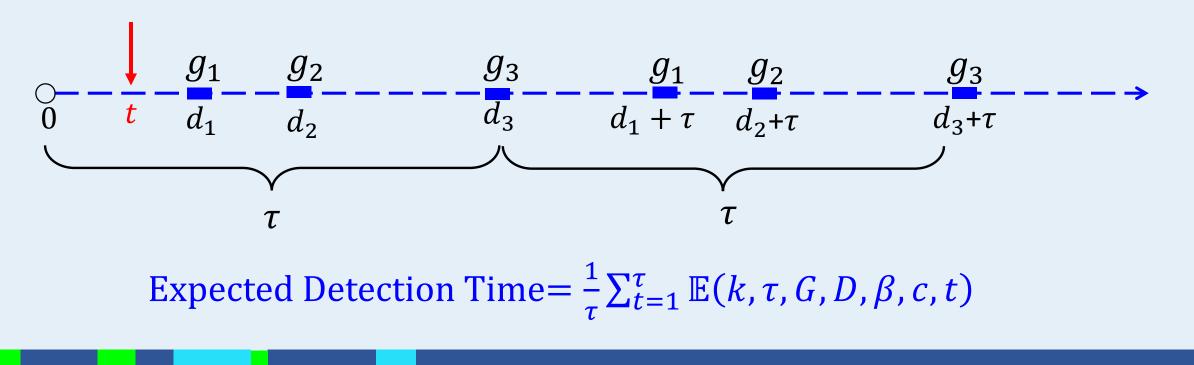


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*C*: The average number of contacts per individual

#### Computing the expected detection time

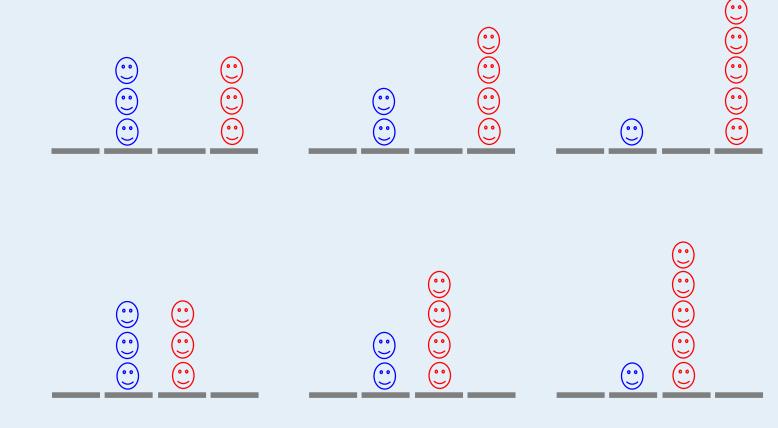
For a given testing strategy  $(k, \tau, G, D)$ , the expected detection time can be computed using a series of calculations and probabilistic analysis.

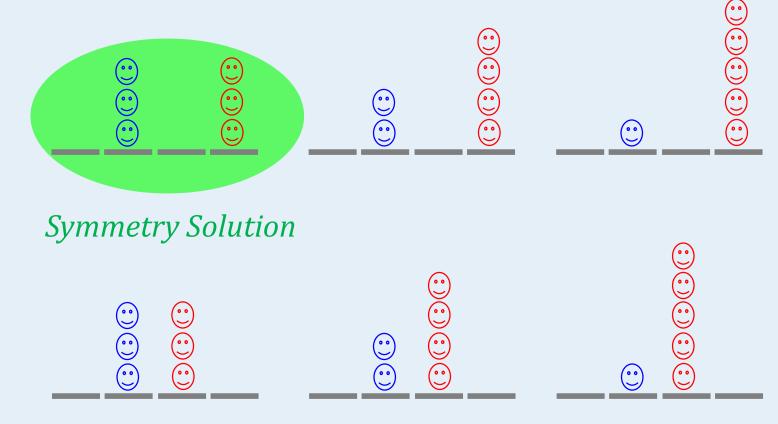


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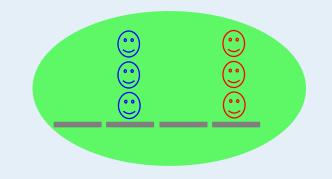
Minimize Expected Detection Time of  $(k, \tau, G, D)$ s.t.:

$$\begin{aligned} k \times P_{time} + m \times T_{time} &\leq p \times n \times \tau \\ \sum_{i=1}^{k} |g_i| &= m \\ \tau &\leq Max_{\tau} \\ |g_i| &\leq Max_g, \quad \forall i = 1, 2, \dots, k \end{aligned}$$



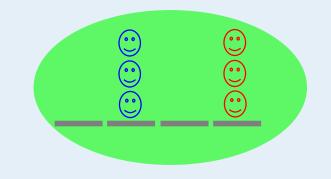


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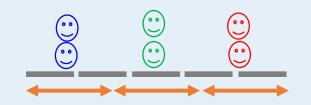
• Three groups, every 5 days

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 $d_1 = \frac{5}{3} = 1.66$   $d_2 = 3.33$  $d_2 = 5$ 



No Symmetry Solution in Discrete Space

**Theorem**. For a given, *k* as the number of groups and  $\tau$  as the interval test, the optimal testing strategy of the (continuous) search space always is a symmetry strategy for the following cases

- $\beta \rightarrow 0$
- $c \rightarrow 0$
- $\beta \rightarrow 1$
- $c \to +\infty$

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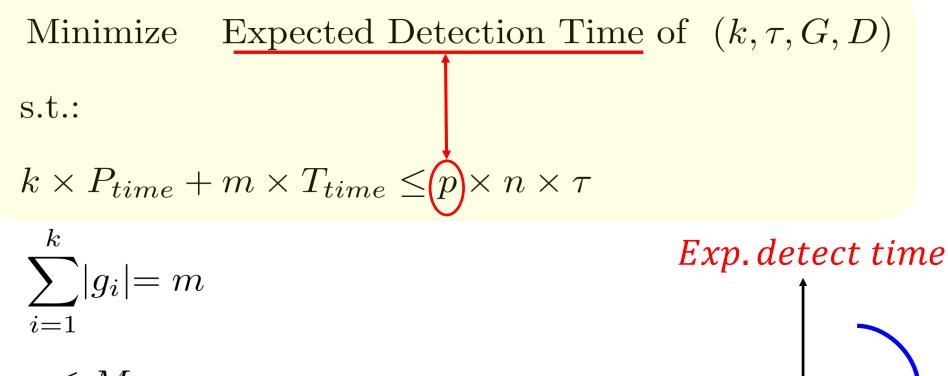
- $\beta \to 0$
- $c \rightarrow 0$
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For  $0 < \beta < 1$  and c > 0, we ran a brute-force algorithm which tries so many setting of the parameters. As the result, again the symmetry property holds. So, providing a theorem for that, is an *open problem*.

#### Model : Some results

m	n	p (%)	$Max_{\tau}$	Max <sub>g</sub>	С	k	τ	G	D	Exp. Detect Time
50	10	5	4	22	17					
50	10	5	7	30	9	2	5	{28,22}	{2,5}	1.73
90	15	5	7	30	15	4	6	{25,20,25,20}	{1,3,4,6}	1.43
90	15	10	7	30	15	3	3	{30,30,30}	{1,2,3}	0.90

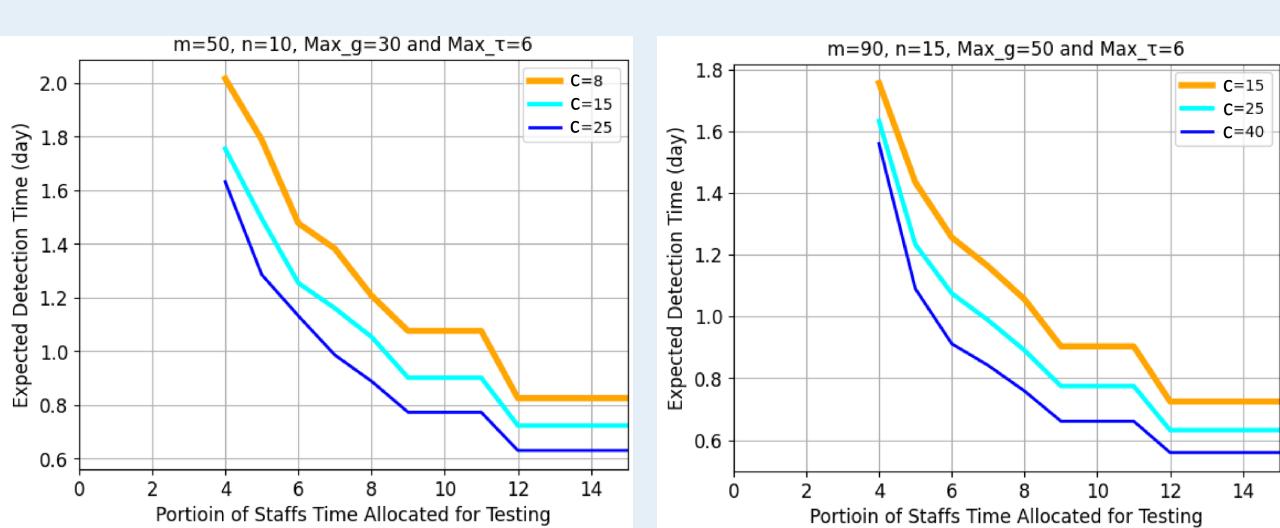
#### Two models for RH testing strategy



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 $|g_i| \leq Max_g, \quad \forall i = 1, 2, \dots, k$ 

#### **Trade-off solutions**



#### References

- [1] <u>https://www.rki.de/DE/Content/Infekt/EpidBull/Archiv/2021/Ausgaben/18\_21.pdf?\_\_blob=publicationFile</u>
- [2] E. C. for Disease Prevention, Control, Surveillance of COVID-19 in long-term care facilities in the EU/EEA, ECDC Stockholm https://www.ecdc.europa.eu/en/publications-data/ surveillance-COVID-19-longterm-care-facilities-EU-EEA (May 2020).745
- [3] C. for Medicare & Medicaid Services, et al., COVID-19 nursing home data, Baltimore, MD: US Department of Health and Human Services, Centers for Medicare & Medicaid Services.

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