

Personnel staffing and scheduling during disease outbreaks: A contact network-based analysis

Ana Batista^{a,b,*}, Abhishek Senapati^{a,b}, Mansoor Davoodi^{a,b}, Justin M. Calabrese^{a,b,c}

^aHelmholtz-Zentrum Dresden-Rossendorf (HZDR), Dresden, Germany

^bCenter for Advanced Systems Understanding (CASUS), Görlitz, Germany

^cDept. of Biology, University of Maryland, College Park

Abstract

Personnel scheduling in organizations can be disrupted by unforeseen events that require efficient planning. A recent example is the COVID-19 pandemic that disrupted global operations, compromising people's health and safety. Many organizations were forced to transition to full remote work to prevent the spread of the virus and ensure employee safety. Although working entirely remotely is effective for some organizations, others must balance workplace occupancy and infection risk to keep their operations functioning efficiently despite a global health crisis. We address this issue by developing a days-off scheduling model that captures employees' interactions through the underlying contact network. To solve the problem, we propose a Mixed Integer Linear Programming model considering a Microscopic Markov Chain Approach to determine the probability of infection in a contact network that mimics the employees' interactions. The model determines, during a given planning period, the optimal staffing mix to maximize occupancy while minimizing the risk of infection in the presence of testing protocols. We conduct sensitivity analysis to assess the approach's robustness while considering different contact networks and testing strategies. Through extensive computational analysis, we show that the degree of contact among employees is not the sole factor to consider when defining personnel scheduling policies during disease outbreaks. The decision-maker must balance the employee allocation with tailored testing interventions based on management's priorities to mitigate the effects while ensuring the desired occupancy at a lower risk.

Keywords: personnel scheduling, days-off scheduling, disease modeling, COVID-19

1. Introduction

2 The Personnel Scheduling Problem (PSP) aims to allocate employees to tasks and shifts to meet organizational
needs, staff preferences, and service demands. Organizations typically aim to effectively plan their human resources
4 to fulfill service levels at the minimum cost Ernst et al. (2004b). Workforce planning can be affected by external

*Corresponding author

Email addresses: a.batista-german@hzdr.de (Ana Batista), a.senapati@hzdr.de (Abhishek Senapati), davood68@hzdr.de (Mansoor Davoodi), j.calabrese@hzdr.de (Justin M. Calabrese)

(unpredictable) events that cause disruptions in performance and regular operations, such as natural disasters, man-made disasters, and disease outbreaks, to mention a few (Ernst et al., 2004a; Rachaniotis et al., 2012). A recent example of a disruptive event that heavily affected workforce planning is the coronavirus disease 2019 (COVID-19) pandemic. To prevent the spread of the virus early in the pandemic, the World Health Organization (WHO) recommended many non-pharmaceutical measures, including the use of protective masks, social distancing, and nationwide lockdowns (WHO COVID-19, 2020). Along with these measures, several organizations were forced to resort to a full remote work to prevent the disease transmission and ensure safety in the workplace (Harapan et al., 2020; Rawson et al., 2020). However, due to technological limitations or the nature of their operations, not all companies e.g., in the service sector, retail, healthcare, manufacturing) can implement such a strategy, not to mention the social and economic costs that these policies entail. To date, little is known about balancing workplace occupancy and the risk of infection in these organizations while keeping operations ongoing. Therefore, deriving optimal occupancy policies in the context of disruptive events such as a pandemic is crucial for workforce planning to control the spread of the virus and its impact on regular operations.

The spread of some infectious diseases such as the Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) that caused the COVID-19 pandemic is generally driven by close contact among the individuals (Block et al., 2020; Li et al., 2020; Shereen et al., 2020; Harapan et al., 2020). Since the number of contacts among employees increases with workplace occupancy, the most practical policy to control viral spread is to limit such interactions, in addition to complementary measures such as regular testing, vaccination, and the use of masks. Within a high risk environment that compromises people's lives, the challenge is to find the optimal mix of different types of employees that guarantees the expected service levels at the minimum risk of infection. In this context, the days-off scheduling problem (See Ernst et al. (2004b) for a review on this problem) can be employed to determine the optimal number of days employees can be present at the workplace while minimizing the risk of infection. The days on/off in the scheduling plan refer to a flexible allocation approach that allows employees to work both in the workplace and remotely. Then, to measure the risk of infection in the workplace, the days-off scheduling plan must be integrated with a disease transmission model that computes the virus spread over the planning horizon according to the employees' interactions.

Employee interaction is one of the most important aspects of preventing the virus from spreading in the workplace. Understanding the role of interactions in disease spread is difficult due to the complexity of determining its different components such as the type and duration of the contacts. The interactions is often represented by a network in which nodes denote the individuals, and edges capture the connections between them (Kiss et al., 2017). The study of networks has its origins in graph theory, e.g., (Bollobás, 2012), which focuses on studying the network capabilities. In epidemiology, on the other hand, the main goal is to study the spread of a disease considering the network as a constraining background (Keeling & Eames, 2005b). This approach facilitates the representation of real contact patterns and the analysis of the evolution of the disease over time. The network (graph) structure provides valuable insights into the interaction patterns and their effect on disease transmission. Keeling & Eames (2005a)

40 explored the influence of network structures on epidemic dynamics and showed that specific properties of a network
structure, such as heterogeneity in the degree distribution, and clustering, significantly impact the disease dynamics.
42 For instance, random networks are characterized by a random distribution of connections, lack of clustering,
homogeneity of connections, and short path lengths (Newman et al., 2002; Boccaletti et al., 2006). In contrast,
44 scale-free networks (Barabási & Albert, 1999) present a higher heterogeneity of connections following the power
law distribution so that a few individuals have significantly more connections than the rest. Other common networks
46 that represent social network structures are, Lattices, and Small-world, differing in clustering, degree distribution,
and average path length. Overall, networks with short path lengths and little clustering have the quickest epidemic
48 growth rate based on the number of contacts per individual (See Keeling & Eames (2005b) for a review of infectious
diseases through contact networks). There exist several theoretical approaches to study the contagion dynamics in a
50 complex network; namely, mean-field (MF), heterogeneous mean field (HMF), quenched mean-field (QMF),
dynamic message passing approach (DMP), and microscopic Markov chain approach (MMCA) (See Wang et al.
52 (2017) for a detailed review). Some approaches deal with the aggregated dynamics of the nodes (MF) or class of
nodes based on their degree (HMF). On the other hand, approaches like QMF, MMCA, and DMP capture the
54 dynamics at the level of single nodes. In this study, we consider an MMCA (Gómez et al., 2010; Gómez-Gardeñes
et al., 2015), a comparatively less computationally intensive discrete time individual node-based approach to study
56 the underlying disease dynamics in a network.

Inspired by the recent events of the COVID-19 pandemic, this study provides a novel approach to the PSP under
58 disruptive events. The approach aims to satisfy daily labor demands at the minimum infection risk. We propose a
Mixed Integer Linear Programming (MILP) model to solve a days-off scheduling model by determining the optimal
60 staffing mix to be allocated while taking into account the effect of interaction among staff in a contact network-based
approach, the probability of infection transmission of the staff that works in close contact, and interventions such as
62 vaccination and testing. To the best of our knowledge, this is the first study to explore the PSP employing a
network-based epidemiological model using a formal optimization approach to balance workplace occupancy,
64 workload demand coverage, and risk of infection.

The remainder of this paper is organized as follows. Section 2 presents the state of the art of the PSP during under
66 disruptions, infectious disease modeling on networks and the main contributions of the study. Section 3 describes the
problem under study, the mathematical notation, the main assumptions, and performance metrics. Section 4 presents
68 the case study of the days-off scheduling model and describes the computational experiments and results. Section
5 analyzes the proposed model through sensitivity analysis to explore how variations in key parameters affect the
70 optimal solution. Finally Section 6 summarizes the main findings of the study.

2. State of the art

In this section, we present the state of the art in two complementary research lines related to this study: personnel scheduling under disruptive events and infectious disease modeling on networks.

2.1. Personnel scheduling under disruptions

The personnel scheduling problem (PSP) is known to be a challenging problem (Brucker et al., 2011), and consequently, due to its practical relevance, it has been widely studied in the literature Baker (1976); Ernst et al. (2004a,b); Van den Bergh et al. (2013); Qin et al. (2015); Özder et al. (2020). According to Baker (1976), the PSP is classified into shift scheduling, days-off scheduling, and tour scheduling problems. Shift scheduling problems aim to determine which shifts to perform as well as the number of staff that must be assigned to each shift to meet demand requirements. Days-off scheduling problems include rest days between work days, typically considered for flexible shift scheduling. Finally, tour scheduling problems combine the shift and days-off scheduling problems, considering more than one shift in a day; it determines staff allocation per hour and days of the week. Relevant to this study is the days-off scheduling problem to determine the optimal size and mix of a workforce to balance the risk of infection and workplace occupancy in the time horizon.

The PSP has received little attention in the literature when it comes to emergencies or disruptive events (Ernst et al., 2004a). The specific case of staff scheduling in pandemic situations is an emerging topic that has gained attention with the start of the COVID-19 pandemic. The healthcare system has been one of the most affected sectors during the pandemic in personnel scheduling. Specialized hospital workers are a limited resource that cannot be rapidly replaced. Due to the close contact with infected patients, doctors and nurses get exposed, causing a shortage in staff availability and scheduling disruptions. A study by Güler & Geçici (2020) proposed a Mixed Integer Programming (MIP) model to balance the medical staff workload in COVID-19 dedicated departments while guaranteeing the physician's safety. Similarly, Musliu & Winter developed a real-world problem applied to a hospital in Austria. They developed a constraint programming model for physician rostering during the pandemic. To minimize the interactions among the staff in case of an infection, they proposed a set of constraints that efficiently partition the staff into different departments. Seccia (2020) studied the nurse rostering problem during emergency situations. The authors proposed a model to balance nurse workload and allow flexibility under limited personnel availability. Other studies have focused on developing strategies to mitigate the spread of the virus among healthcare workers in hospitals. These studies employ compartmental models to explore strategies such as weekly alternating the staff (Sánchez-Taltavull et al., 2021), regular testing, and desynchronization protocols (Sanchez-Taltavull et al., 2021), and cyclic schedules (Karin et al.).

For the logistic sector, Zucchi et al. (2021) proposed a real-life PSP applied to a pharmaceutical warehouse in Italy. The authors proposed a MILP to minimize the deviations between the staff's weekly contractual hours and the actual allocated hours. The staff is allocated into separate groups to prevent the spread of the virus. In order

104 to assess the contagion risk resulting from the schedule, the authors defined a risk factor based on a network graph
configuration. The solutions of the proposed schedule outperform the actual practice in the company. Guerriero &
106 Guido (2021) developed a tour scheduling problem applied to an Italian university to ensure employee satisfaction
and safety in the workplace. The study considers employee availability and allocation preferences (i.e., working
108 remotely) by adding an intermediate shift to the regular morning - afternoon shifts. By employing real data, the
authors provided a better performance compared to the schedules done manually. The pandemic has affected the
110 construction sector as well. The staff must comply with social distancing measures to prevent the spread of the
virus, delaying the completion of projects. In this regard, Aslan & Türkakın (2021) proposed a resource constrained
112 project scheduling model employing a multi-objective genetic algorithm to minimize project duration, project cost,
and staff infection risk. The authors test several configurations of worker labor limits (e.g., total worker allowance,
114 individual activity requirements) and provide a set of optimal solutions according to decision-maker priorities. Testing
strategies have also been studied as a means to mitigate the spread of the virus in organizations. For instance, Davoodi
116 et al. (2022) proposed a staffing model to study the trade-off between workplace occupancy and productivity and
its effect on the risk of infection in the workplace. The risk of infection is computed considering an aggregated
118 probabilistic framework that disregards the possibility of tracking infection status at an individual level. More general
studies (D'angelo et al., 2021; Rawson et al., 2020; Mauras et al., 2021; Abdin et al., 2021) have focused on studying
120 strategies for reopening activities during a pandemic, but these studies lack the specifics of personnel scheduling in
organizations.

122 Although some of the studies mentioned above have looked into the emerging topic of personnel scheduling
during a pandemic, no existing study, to our knowledge, has explored the PSP considering a contact network-based
124 approach for disease progression analysis using formal optimization methods. See Jordan et al. (2021); Choi (2021)
for a comprehensive review on Optimization in the context of the COVID-19 pandemic.

126 2.2. *Infectious disease modeling on networks*

Many epidemiological models have been proposed to study the spread of a virus during an epidemic.
128 Mathematical modeling of infectious diseases can be classified into two broad classes: statistical and mechanistic
models. Statistical models are data-driven methods generally used to forecast the progression of a disease, including
130 Bayesian techniques and deep learning methods. On the other hand, mechanistic models are employed to gain better
understanding on the mechanism of disease spread in a population, includes compartmental models (e.g., SIR
132 (Susceptible, Infectious Removed, and variants) and agent-based network models. The main limitation of
compartmental-based modeling is the assumption that the population under consideration is homogeneously mixed.
134 This assumption limits the possibility of exploring more realistic situations where heterogeneity in various factors
such as contacts, infectiousness, and level of personal protection of the individuals is expected.

136 This issue can be avoided if we consider the MMCA modeling framework, where instead of studying aggregated
dynamics, it enables us to zoom into the dynamics of each node individually. The MMCA was first formulated

138 in studying contact-based epidemics spreading on complex networks by Gómez et al. (2010). Later this modeling
framework has been used to investigate a range of theoretical aspects of epidemic spreading, such as threshold-
140 based behavior of epidemic spreading (Larremore et al., 2011; Valdano et al., 2015), the occurrence of first order
transitions due to reinfection (Gómez-Gardeñes et al., 2015), the interplay between awareness and epidemic spreading
142 in multiplex networks (Granell et al., 2013, 2014; Wang et al., 2019), and abrupt phase transitions in higher-order
interaction networks (Matamalas et al., 2020). Recently, a few mathematical models have been developed based
144 on this modeling framework to study the transmission dynamics of the COVID-19 pandemic. For instance, Arenas
et al. (2020) investigated the impact of mobility and social distancing interventions on COVID-19 dynamics in Spain.
146 Another study (Hazarie et al., 2021) used this modeling framework to explain the heterogeneity in the COVID-19
spreading process across 133 cities in the United States.

148 Limited works have considered formal optimization methods in the context of network-based epidemiological
models. Of particular interest is the work of Bagger et al. (2022), which developed an optimization model for
150 reducing disease spread in activities (e.g., shopping, school teaching, theater events, sports activities) employing a
macroscopic agent-based approach with an SEIR model. The model considers a network graph representation of the
152 participants' interactions to assess the structures that reduce the spread of diseases. They found that the disease
spread can be controlled by not only considering the size of the activity but limiting the number of contacts among
154 the individuals. However, Baggers' study focuses on country-level initiatives rather than specific organizations; it
disregards the specifics of personnel scheduling, such as the days-off scheduling problem through contact network
156 analysis that we cover in this study.

The contribution of this study is twofold. First, we study the PSP under disruptive events such as a pandemic,
158 considering a network-based epidemiological model. We consider an MMCA to determine the probability of
infection in a contact network based on the employees' interactions and interventions, including testing, vaccination,
160 and personal protection. We develop an MILP model to solve a days-off scheduling problem that maximizes
workplace occupancy while guaranteeing the minimum risk of infection and ensuring workload demand coverage.
162 Second, we perform extensive computational studies that demonstrate the capabilities of the proposed model to
optimally balance workplace occupancy, risk of infection (to a certain extent), and workload demand coverage. We
164 highlight the importance of developing optimal workforce planning under disruptive events (e.g., a pandemic) to
achieve staffing levels while providing safety in the workplace. The approach can be used as a tool to schedule
166 personnel during a disease outbreak in real-world organizations.

3. Description of the problem

168 In this section, we present the proposed solution framework to solve the PSP in the context of disruptive events
such as disease outbreaks. We first characterize and describe the problem and main assumptions in Subsection 3.1.
170 Then, in Subsection 3.2, we present the MMCA used to determine the probability of infection in a contact network

based on the employee's interactions. Finally, in Subsection 3.3, we describe the MILP formulation coupled with the
 172 MMCA and performance metrics in Subsection 3.4.

3.1. Problem definition

174 The personnel scheduling problem in this study arises in the context of the COVID-19 pandemic. In the
 workplace, the employees are in close contact, which increases the risk of infection transmission. Thus, to mitigate
 176 the propagation of the virus, the managers have to determine effective policies that control the spread of the virus
 while guaranteeing the expected service levels of workload demand coverage. These organizations have the
 178 flexibility of a working hybrid mode, where employees can work remotely or on-site; however, a number of
 employees must be present in the workplace to guarantee the accomplishment of staffing measures. Weekly, the
 180 manager has to determine the optimal workforce size in the workplace by deciding which employee to allocate
 on-site, the day of allocation, and for how many days to allocate them. This problem is a special case of the days-off
 182 scheduling problem considering consecutive days of allocation. The employees differ according to the probability of
 transmission (i.e., vaccination status, age) and priority of allocation in the time horizon. In addition, to define the
 184 workforce schedule, the managers need to consider safety measures to keep the risk of infection to a minimum, such
 as wearing masks, social distancing by limiting workplace occupancy, and regular testing.

186 The goal of this study is to find a balance between workplace occupancy, infection risk, and workload demand
 coverage by taking into account the probability of infection transmission, the effect of interaction among the
 188 employees who are in contact with each other, and interventions such as testing, vaccination, and personal protection.
 In summary, the decisions to make are: (i) Which employee type to allocate in the time horizon; (ii) When to allocate
 190 the employee according to capacity availability; (iii) For how many consecutive days to allocate the employees, and
 (iv) How many infected employees result from the allocation. The required notation used in the proposed model are
 192 listed below.

Nomenclature

194	Sets and subsets			
	T	Set of periods, indexed by t .		
			204	β_s
				Probability of transmission per employee type s .
196	E	Set of employees, indexed by i .		τ_s
				Probability of testing for employee type s .
	S	Set of employees types, indexed by s .	206	pt_i^0
				Probability of infection of employee i at time $t = 0$.
198	E_s	Subset of employees who belong to the type, s , $E_s \subseteq E$.	208	σ
				Sensitivity of the test.
200	$\text{LINKS}_{E \cap E}$	Subset of employees in contact, indexed by $(i, j), E \cap E$.		pq_i^0
			210	A_{ij}
				Quarantined employees i at time $t = 0$.
				Contact network of employees $(ij) \in \text{LINKS}$.
202	Parameters			r_{is}
				Number of employees i type s required

212	(workload demand).	226	Decision Variables
214	L_{is} Number of consecutive days to allocate employee i type s .	228	p_{it} Probability of infection of employee i at time $t > 0$.
216	ω_t Maximum capacity availability to allocate at time t .	230	pq_{it} Probability of quarantined employees i at time $t > 0$.
218	α Threshold on the expected number of infections allowed per day.	232	X_{ist} Binary variable denoting the allocation of employee i type s in period t .
220	U^{\max} Upper bound on the total maximum allocation days to discount.	234	Y_{ist} Binary variable denoting the initiation of the allocation of employee i type s in period t .
222	w_i Allocation priority per employee i .	236	Γ Slack variable on the number of infected employees.
224	c_i^{OC} Penalty weight associated with the discounted days of allocation per employee i .	238	Δ_{is} Slack variable on the discounted allocation days per employee i type s .
	c^{IF} Penalty weight associated with the surplus of infections allowed.		

The main assumptions considered in the personnel scheduling model are described as follow:

- 240 1. The time horizon is discretized and divided into several time slots of equal size, typically a day.
2. The scheduling decisions are made at the beginning of the period for the entire planning horizon.
- 242 3. The days-off scheduling problem assumes a 7-day working week with flexible on-off days of allocation for the employees. Hence, we consider a fixed shift length of continuous working hours.
- 244 4. The required employees in the time horizon, κ_{is} , (i.e., workload demand) is known and specified by the decision-maker.
- 246 5. The allocation days per employee, L_{is} , refers to the required time to be present in the workplace. We assume that L_{is} is continuous and uninterruptible. This assumption have been demonstrated as an efficient scheduling strategy during disease outbreaks (Sánchez-Taltavull et al., 2021; Ely et al., 2021; Lim et al., 2020). Thus, the employee is always assigned for the total duration at the beginning of a time slot. As a result, the allocation can end at any time, not only at the end of a time slot.
- 248 6. The available capacity, ω_t , is known at the beginning of the planning period and is time-varying on the planning horizon. The capacity availability is considered variable due to workplace restrictions on social distancing and area blockage that may vary over the planning horizon.
- 252 7. Understaffing (on-site) is allowed due to capacity limitations and infection prevention risk. We assume that the organization offers flexibility for remote working to the employees. Thus, the non-allocated employees are assumed to be working from home.
- 254
- 256

- 258 8. The test, τ_s , refers to the probability of testing employees in the time horizon. We assume that employees that test positive are immediately placed in quarantine (i.e., the employee will be absent from the workplace).
- 260 9. The probability of transmission, β_s , per employee type s is known. We classify the employees according to their viral load and emission rates. For instance, some of them can emit more viruses than others according to the immune system of the individual, age, and vaccination status.
- 262 10. The initial probability of infection, p_i^0 , per employee i at $t = 0$ is considered as random. p_i^0 can be translated as the probability of the employee getting infected during a rest day or holiday.
- 264 11. The probability of quarantined employees, i at $t = 0$, p_q^0 , is considered 0. Thus, we assume that at the beginning of the time horizon, there are no "tested" individuals.

266 3.2. Modeling the probability of infection in a contact network (MMCA)

In this MMCA modeling framework, we consider n employees whose interaction is defined by the underlying adjacency matrix $A = (A_{ij})$, where $A_{ij} = 1$ if node i and node j has a connection and $A_{ij} = 0$ if they do not have any connection. At each time step, t , for each node i , we calculate two probabilities $p_{i,t}$ and $q_{i,t}$ which denote the probability of being infected and probability of being quarantined, respectively. Here, we assume that quarantining is the consequence of positive results in testing. The node i remains infected at a particular time step if it was infected in the previous time step and was not tested. On the other hand, it remains quarantined if in the previous time step it was in quarantine or it was infected and subsequently tested. The time evolution probabilities of being in a particular state (i.e., infected and quarantined) is given by the following discrete time model:

$$\begin{aligned}
 p_{i,t+1} &= \sigma(1 - \tau)p_{i,t} + (1 - p_{it} - q_{it}) \left[1 - \prod_{j=1}^n (1 - \beta A_{ij} p_{jt}) \right] \\
 q_{i,t+1} &= \sigma\tau p_{it} + q_{it},
 \end{aligned} \tag{1}$$

where β denotes the probability that after each contact with an infected node the disease will transmit to the susceptible node, τ denotes the probability that the infected node will be tested, and σ refers to the sensitivity of the test.

278 3.3. The personnel scheduling problem formulation

The MILP formulation for the personnel scheduling problem during disease outbreaks is described in Equations (2)–(15). In order to characterize a system in which the employees are allocated over the planning horizon without interruptions, we consider a set of constraints for uninterruptible services (Batista et al., 2020). To compute the risk of infection, we extended the MMCA model presented in Equation (1) by including the set, S to categorize the employees according to its disease transmission, β_s and testing rate, τ_s .

$$\max_{\mathbf{X}, \mathbf{Y}, \mathbf{A}, \Gamma} \sum_{s=1}^S \sum_{i=1}^{E_s} \sum_{t=1}^T Y_{ist} W_i - \sum_{i=1}^E \sum_{s=1}^S \Delta_{is} C_i^{\text{OC}} - \Gamma C^{\text{IF}} \quad (2)$$

(a) (b) (c)

s.t.:

$$p_{i,t+1} = \sigma(1 - \tau_s) p_{it} + (1 - p_{it} - pq_{it}) \left[1 - \prod_{j=1}^n (1 - \beta_s A_{ij} p_{jt}) \right] \quad \forall s \in S, i \in E_s, t = 1, \dots, T \quad (3)$$

$$p_{it} = p_i^0 \quad \forall i \in E, t = 0 \quad (4)$$

$$pq_{i,t+1} = \sigma \tau_s p_{it} + pq_{it} \quad \forall s \in S, i \in E_s, t = 1, \dots, T \quad (5)$$

$$pq_{it} = pq^0 \quad \forall i \in E, t = 0 \quad (6)$$

$$\frac{1}{T} \sum_{i=1}^E \sum_{s=1}^S \sum_{t=1}^T p_{it} X_{ist} \leq \alpha + \Gamma \quad (7)$$

$$Y_{ist} \geq X_{ist} - X_{ist-1} \quad \forall a \in S, i \in E_s, t = 1, \dots, T \quad (8)$$

$$Y_{ist} \geq X_{ist} \quad \forall s \in S, i \in E_s, t = 0 \quad (9)$$

$$\sum_{t=1}^T Y_{ist} \leq 1 \quad \forall s \in S, i \in E_s \quad (10)$$

$$\sum_{t=1}^T Y_{ist} L_{is} \leq \sum_{t=1}^T X_{ist} + \Delta_{is} \quad \forall s \in S, i \in E_s \quad (11)$$

$$\sum_{a=1}^S \sum_{i=1}^{E_s} \Delta_{is} \leq u^{\max} \quad (12)$$

$$\sum_{t=1}^T Y_{ist} \leq r_{is} \quad \forall s \in S, i \in E_s \quad (13)$$

$$\sum_{i=1}^E \sum_{s=1}^S X_{ist} \leq \omega_t \quad \forall t \in T \quad (14)$$

$$X_{ist} \in \{0, 1\}, Y_{ist} \in [0, 1], \Delta_{is} \geq 0, \Gamma \geq 0 \quad \forall i \in E, s \in S, t \in T \quad (15)$$

284 The objective function, (2), aims to maximize the total benefit of the scheduling plan, which consists of three terms:
the first term refers to the (a) weighted benefit of employee allocation; the second term (b) penalizes the discounted
286 days of allocation per employee type; the third term (c) penalizes the additional infected employees from the defined
threshold. The proposed model must satisfy a set of constraints. Constraint (3)–(6) computes the probability of
288 infection by means of a forward procedure as explained in Section 3.2. By considering the matrix \mathbf{A} , we estimate the
probability of node i being infected at time t . The probability of infection depends on the network structure and the
290 testing rate, τ_s . Constraint (7) guarantees that the number of infected personnel allocated does not exceed a defined

threshold, α . The slack variable Γ adds flexibility to the allocation process, by allowing a surplus in the number of
 292 infections over the defined threshold value. Constraint (8) and (9) guarantees the continuity of allocation during the
 defined period, L_{is} . Constraint (10) indicates that an employee must be allocated at most once in the time horizon. Note
 294 that with constraint (10) we allow understaffing (on-site); the employees not allocated are assumed to work remotely.
 Constraint (11) guarantees that there are enough time slots to allocate the duration of the employee schedule, L_{is} . The
 296 slack variable, Δ_{is} , captures the variation in the allocated days. Constraint (12) introduces a limit on the maximum
 days to discount from the employee schedule allocation. Constraint (13) accounts for demand fulfillment in the time
 298 horizon. Constraint (14) imposes capacity availability limitations in the planning horizon. Finally, constraint (15)
 defines the variables' domain.

300 3.4. Performance metrics

To assess the viability of the proposed approach, we defined several performance metrics. These metrics allow
 302 us to evaluate the impact of personnel scheduling allocation on workplace infection risk. A detailed definition of the
 metrics is given as follows:

- 304 1. *Risk of infection on employee allocation*: Measures the expected number of infected employees resulting from
 the employee allocation.

$$RI = \frac{1}{T} \sum_{s=1}^S \sum_i^{E_s} \sum_{t=1}^T X_{ist} p_{it} \quad (16)$$

- 306 2. *Weekly demand coverage*: Measures the percentage of workload demand covered by employee type s .

$$\%DC = \frac{\sum_{i=1}^E \sum_{t=1}^T Y_{ist}}{\sum_{i=1}^E r_{is}} \cdot 100 \quad \forall s \in S \quad (17)$$

- 308 3. *Maximum budget of reduced days of allocation*: Measures the percentage of days removed from the requested,
 L_{is} .

$$\%DA = \frac{\sum_{s=1}^S \sum_{i=1}^{E_s} \Delta_{is}}{u^{\max}} \cdot 100 \quad (18)$$

4. *Average allocated days*: Measures the average number of days allocated per employee.

$$AL = \frac{\sum_{i=1}^E \sum_{e=1}^S \sum_{t=1}^T X_{ist}}{\sum_{i=1}^E \sum_{e=1}^S \sum_{t=1}^T Y_{ist}} \quad (19)$$

310 5. *Occupancy level*: Measures the expected occupancy in a weekly planning horizon.

$$\%OCC = \frac{1}{T} \frac{\sum_{i=1}^E \sum_{s=1}^S \sum_{t=1}^T X_{ist}}{\omega_t} \cdot 100 \quad (20)$$

6. *Total benefit of the scheduling plan*: Measures the total benefit of allocation gained in a weekly planning horizon.

$$\kappa = \sum_{s=1}^S \sum_{i=1}^{E_s} \sum_{t=1}^T Y_{ist} w_s - \sum_{i=1}^E \sum_{s=1}^S \Delta_{is} C_i^{OC} - \Gamma C^{IF} \quad (21)$$

312 4. Computational experiments and results

In this section, we present the data, experiments, and discussions conducted to assess the optimal balance between
 314 workplace occupancy, risk of infection, and demand coverage when solving the proposed PSP. We study the impact
 of disease spread on staffing decisions, considering a network-based epidemiological approach. We first describe the
 316 input setting and case study defined to solve the days-off scheduling model in Subsection 4.1. Then in Subsection
 4.2 we present and analyze the base case study in terms of the scheduling and allocation decisions and performance
 318 metrics. The model was implemented on an Intel i7, 3GHz with 32 GB of RAM using CPLEX 12.7.0, with an
 optimality gap set to zero.

320 4.1. Case study and data description

The case study considered in this paper is inspired by the recent COVID-19 pandemic. The input data and
 322 scenarios correspond to the data reported related to the SARS-CoV-2 virus. To assess the effectiveness of the
 proposed approach, we have defined a base case study considering the assumptions described in Subsection 3.1. The
 324 model can be applied to any organization that considers workforce flexibility in the scheduling process so that the
 employees can work on-site or remotely to perform their daily tasks. To solve the suggested days-off scheduling
 326 model, we use synthetic data. For the base case, we consider a discretized time horizon of $T = 7$ days for a weekly
 schedule plan. During the defined time horizon, $n = 100$, employees have to be allocated, which are classified into
 328 three main categories, $S = 3$.

The probability of disease transmission of employees, β , varies among the employees categories defined as, s_1 low risk, s_2 medium risk, and s_3 high risk. Different risk groups can be defined based on the age of the employee, vaccination status (i.e., whether fully vaccinated or not), and level of personal protection in the office. For defining β , we consider an initial value from a set of scenarios as reported in Lelieveld et al. (2020) for office environment infection risk. The baseline value corresponds to employees in category, $s = 3$, where $\beta_3 = 0.12^1$. For the other categories we set $\beta_2 = (1 - 0.30)\beta_3$ and $\beta_1 = (1 - 0.5)\beta_3$, which implies 30% and 50% immunity, for medium and low risk categories respectively. Here we assume that for the medium and low risk groups, the probability of disease transmission is reduced by 30% and 50% compared to the base case. We consider the probability of testing, $\tau_s = 0.20$ for all patient categories. The sensitivity of the test (rapid antigen test) is set to $\sigma = 90\%$ (CubasAtienzar et al., 2021).

Employee category	Employee required	Probability of disease transmission	Test probability	Description
s	r_{is}	β	τ	
1	25	0.060	0.20	Low risk
2	45	0.084	0.20	Medium risk
3	30	0.120	0.20	High risk

Table 1: Base case days-off scheduling model data description.

We define the initial condition ($t = 0$) of the probability of infection, pi_i^0 , considering a random uniform distributed $[0, 1]$ per employee i . This value can be interpreted as the probability of an employee introducing the infection to the workplace. Note that the setting of pi_i^0 depends on several preventive policies imposed by the local health authorities and their implementation. In the case of the preventive measures strictly followed by the employees, we can argue that the initial risk (getting infected during rest day/holiday/working from home) is lower than the risk of getting infected in the workplace due to interactions via the contact network. On the contrary, such social distancing measures are easier to implement and follow in the workplace. Thus, without loss of generality, we have defined this value as a random parameter. The initial condition ($t = 0$) for the probability of quarantined employees, pq_i^0 , is set to $pq_i^0 = 0$. So, we consider that there are no quarantined employees at the start of the scheduling plan. The interactions among employees are defined according to a known undirected graph defined by the adjacency matrix, \mathbf{A} , that summarizes the connections of the employees within the network. We employ a Barabasi-Albert (BA) scale-free network for the base case, which follows the power-law degree distribution. Scale-free networks are commonly used to mimic the interactions where heterogeneity in connection is present. In organizations, employees usually have heterogeneous interactions; for instance, most employees have a moderate number of contacts, whereas few have a very high number of contacts due to the nature of their work responsibilities².

¹This value can be regarded as the situation where variants of SARS-CoV-2 with high transmissibility like *Omicron* is dominant Lyngse et al. (2021); World Health Organization and others (2022).

²An extended description of the network measures, average degree distribution, $\overline{d_g}$, average clustering coefficient, \overline{C} , and average path length,

354 The total number of employees required, r_{is} , in the time horizon (i.e., workload demand) is distributed among
the three employee categories. For the base case, which accounts for, $n = 100$ employees, the workload demand is
356 distributed as follows: $s_1 = [25\%]$; $s_2 = [45\%]$, and $s_3 = [30\%]$. Note that this distribution may vary according to
organization status during the scheduling plan definition. Table 1 summarizes the setting parameters for the number
358 of employee required, probability of infection, and test interval per employee category. We defined the number of
consecutive days to allocate an employee, L_{is} , considering a uniform distribution, so that $L_{is} \in [2, 5]$, for all employees,
360 disregarding their category. The capacity availability, ω_t , imposes a limit on the number of allocated employees in
each period t . This parameter is defined to comply with social distancing regulations in the workplace, so it varies
362 over time to $[50 - 75]\%$ of daily occupancy. The threshold on the number of infections allowed, α , corresponds to the
expected number of infected employees allowed per day. The threshold value must be defined by the decision-maker
364 to balance occupancy in the workplace; for the base case, we have set it to 8% of the total number of employees. The
upper bound on the total maximum allocation days to decrease, u^{\max} , is set to 30, which refers to the maximum number
366 of days that can be subtracted from the preferred days, L_{is} among all allocated employees. This value depends on the
decision maker's willingness to allow the employees to be allocated in the workplace for fewer days than planned.

368 The objective function of the proposed model concerns two costs related to the penalty for decreasing days of
allocation from the preferred days, c_i^{OC} , and a penalty cost associated with the additional infections that surpass the
370 defined threshold, c^{IF} . We also consider the weight, w_i , related to allocation priority (benefit) per employee i . To define
the weights of the model, we consider a lexicographic weighting rule, commonly used in multi-objective optimization
372 (Cohon, 2004). This method lets decision-makers easily define a weighting scheme based on a preferred priority. In
addition, in the optimization process, what matters is the proportion among the weights rather than the value itself. We
374 set $w_i \gg c^{\text{IF}} \gg c_i^{\text{OC}}$ so that allocating the maximum number of employees while keeping safety in the workplace is
the primary goal while still aiming at assigning personnel as many consecutive days as the daily capacity availability
376 allows.

4.2. Days-off scheduling model: Contact network based-analysis

378 In this section, we assess the proposed days-off scheduling model considering the performance metrics described
in Section 3.4. We analyze the solutions by answering the questions, when and which employee to allocate, and for
380 how many consecutive days in the planning horizon. We answer these questions considering the threshold definition
(expected number of infected employees), capacity availability, and the effect of the contact network characteristics
382 on the scheduling and allocation decisions. We evaluate three strategies: Full allocation, Partial allocation, and Days-
off allocation. The Full allocation strategy refers to the assignment of employees by relaxing Constraints (7), which
384 limits the number of infected employees with the threshold value, α , and (14) that constrains the capacity availability
so that there is no imposition of social distancing in the workplace. The Partial allocation strategy allocates employees

\bar{k} , is presented in Appendix A.

386 partially, according to the capacity availability, so in this strategy, only Constraint (7) is relaxed. Finally, the days-off
 strategy allocates the employees imposing constraints on the expected number of infected employees and capacity
 388 availability to maximize occupancy in the workplace at the minimum risk of infection.

To simulate a pandemic transmission process in the workplace, we generate three contact networks, considering
 390 a BA scale-free network, commonly presented in social interactions. Figure 1 shows the underlying networks of
 connections that have been constructed based on synthetic data. The contact networks differ by the average degree
 392 distribution, \overline{dg} that characterizes the average number of edges attached to each node and the degree of connection
 among the staff. We identify the contact networks as N1 : $\overline{dg} = 3.92$; N2 : $\overline{dg} = 18.00$, and N3 : $\overline{dg} = 32.00$. Note
 394 that for a higher value of the average degree distribution (\overline{dg}), the average clustering coefficient (\overline{C}) and average path
 length (\overline{k}) also vary, which would result in different disease transmission routes in the contact network. Ideally, an
 396 organization should impose social distance restrictions in the workplace to limit the number of interactions among
 workers (e.g., limiting in-person meetings and large groups gatherings), so a high value of \overline{dg} may indicate a low level
 398 of adherence to the protocols and policies in the organization.

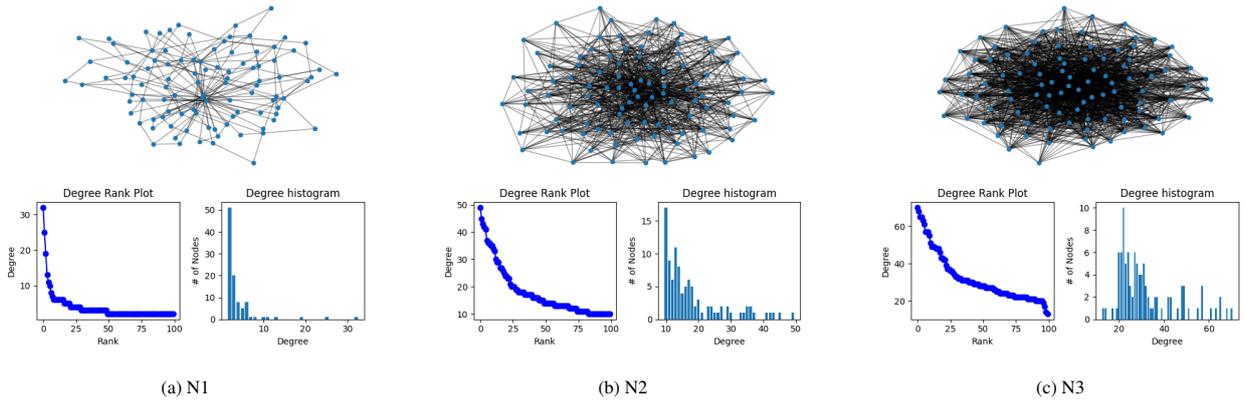


Figure 1: Barabasi-Albert Scale-free contact networks simulating the social interactions in an organization, $n = 100$ nodes. **Characteristics:**
 Figure 1a: $\overline{dg} = 3.92$; $\overline{C} = 0.18$; $\overline{k} = 2.86$. Figure 1b: $\overline{dg} = 18.00$; $\overline{C} = 0.28$; $\overline{k} = 1.86$. Figure 1c: $\overline{dg} = 32.00$; $\overline{C} = 0.41$; $\overline{k} = 1.68$.

Figure 2 presents the solution of the proposed approach for the base case study³. The left panel presents infection
 400 curves for the assessed strategies: Full allocation, Partial allocation, and Days-off allocation. Each graph shows the
 results for the three networks structures (N1, N2, N3) differing by \overline{dg} , \overline{C} , and \overline{k} . The right panel shows the weekly
 402 allocation plan for the employee categories and network structures. The solutions correspond to the Days-off
 allocation strategy. In Table 2 we summarize the performance metrics that answer the key questions in this study,
 404 whom to allocate, for how many consecutive days, and when to allocate.

Several observations can be drawn from the computational experiments and the results provided in Table 2. First,
 406 in the left panel of Figure 2, we observe that the days-off allocation strategy results in better performance regarding

³Extended numerical results can be found in Appendix B, Tables B.6 and B.7.

the number of infected employees compared to the other strategies. An interesting finding is that the number of
 408 infected employees in the scheduling plan increases as the average degree of the network increases but only for the
 strategies, Full allocation, and Partial allocation. In contrast, for the days-off strategy, such assertion is not always
 410 applicable; it would depend on the threshold value and capacity availability since the model aims to balance these
 criteria in the allocation process. For instance, for the networks, N1 and N3 the Partial allocation strategy results in
 412 an average number of infected employees of 36.27% and 47.80% respectively. On the contrary, the days-off strategy
 yields $N1 = 10.65\%$ and $N3 = 10.24\%$ of infected employees. Thus, the resulting value of infected employees for
 414 N3 is higher even though the network structure has a higher number of connections among employees. The results
 mentioned above can be better explained with the solutions in the right panel about the employee allocation plan, for
 416 which performance metrics are summarized in Table 2.

Second, for answering the question, *When to assign* the employees, the scheduling plan smooths the allocation
 418 based on the infection curve progression in the planning horizon. Thus, the lowest number of employees are allocated
 at the beginning of the week, increasing towards the end to flatten the infection curve, for all network structures. This
 420 allocation strategy reduces the number of infected employees in the planning period by 20%-45% compared to the
 Full allocation and Partial allocation strategies. Note that for the other strategies, such allocation pattern would differ
 422 as the threshold of infected employees allowed is higher and the capacity availability constraint is relaxed. Third, the
 employee category Medium risk (i.e., s_2) has the highest allocation rate compared to the other categories, followed in
 424 most cases by s_3 (High risk) and s_1 (Low risk). We can assert that these results are mostly dependent on the distribution
 of workload demand defined in the base case study in which s_2 corresponds to 45% of the total workload demand
 426 with a medium risk of infection, β . Since the model aims to maximize occupancy at the lower risk, it prioritizes the
 employee category with the least impact on infection progression. We also observe that the employee category s_3 is
 428 mostly allocated at the end of the time horizon, which is expected since the aim is to accomplish (to a certain extent)
 the lowest number of infections (according to the threshold value definition, α). We explore other configurations of
 430 the workload demand in the sensitivity analysis Section 5.

Regarding the questions *Whom to allocate* and for *How many days*, we observe that the model seeks to balance
 432 assigning a high number of employees with a short duration and a low number of employees with a high duration.
 Although the employee category s_2 has the highest workload demand allocated (%DC) for all network structures,
 434 it also has the highest number of allocation days discounted from the defined budget (%DA). For instance, in the
 contact network N2 the number of discounted days is $s_2 = 13.33\%$ compared with a 3.33% for both s_1 and s_3 , which
 436 results in an average allocated days of $AL = 2.32$ per employee. In addition, we would expect that the average
 weekly demand coverage (\overline{DC}) and occupancy level (%OCC) decrease as the number of interactions in the workplace
 438 increases. However, as shown in Table 2, while N1 results in the highest demand coverage, $\overline{DC} = 85\%$, N2 yields
 $\overline{DC} = 70\%$ and N3, $\overline{DC} = 72\%$. Thus, for a high number of interactions, as in N3, the demand coverage is higher
 440 than N2, but at the expense of a higher number of infections, $RI = 10.24$, versus $RI = 9.45$ in N2.

According to the findings, we deduce that a low average degree distribution of the network (i.e., low number of

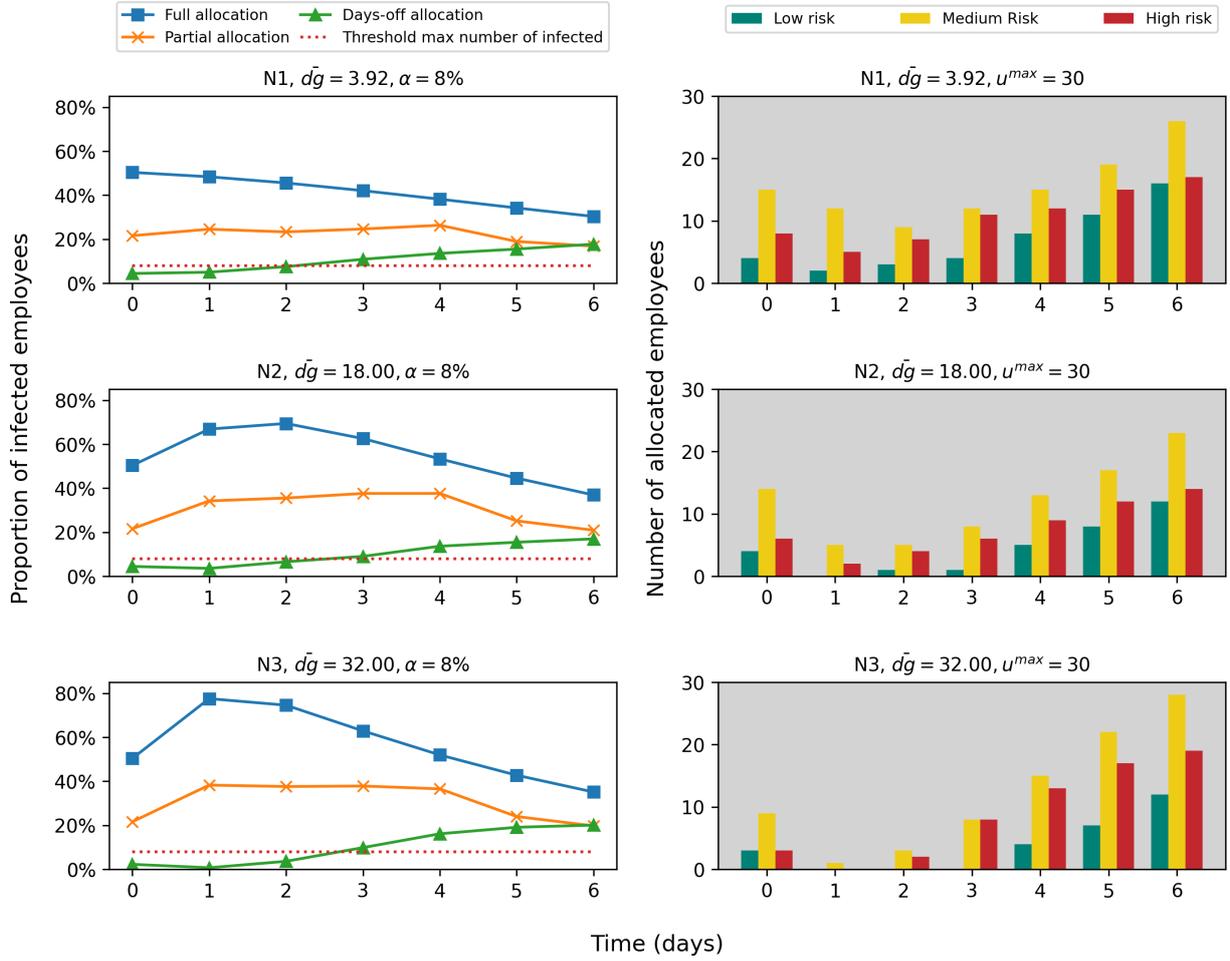


Figure 2: Disease progression (left panel) and optimal schedule (right panel) for different network structures and allocation strategies.

Contact network	Average infected %RI	Weekly demand coverage %DC			Budget discount allocation days %DA			Average allocated days, AL	Occupancy level %OCC	Total benefit κ
		s_1	s_2	s_3	s_1	s_2	s_3			
		N1	10.65	80.00	93.33	83.33	-			
N2	9.45	64.00	82.22	66.67	3.33	13.33	3.33	2.32	41.12	320.77
N3	10.24	60.00	82.22	73.33	3.33	10.00	-	2.35	42.33	321.67

Table 2: Performance indicators of the days-off scheduling model for different contact networks.

442 interactions) does not necessarily guarantee a low number of infections in the scheduling plan. Since the days-off
 443 scheduling model aims for a flexible scheme of allocation, that maximizes occupancy at the lower risk of infection,
 444 for a network with a low average degree distribution (e.g., $N1$), an increment in the number of infected employees
 (i.e., above the defined threshold value) results in the highest occupancy level at the highest benefit (lowest cost),
 446 $N1$: $\kappa = 366.97$. On the contrary, for a network with a high number of interactions, such as $N3$, the average number

of infected employees is lower, but with fewer average allocated days ($AL = 2.35$) and a lower occupancy level
448 ($OCC = 42.33\%$). Thus, finding the optimal schedule configuration during a pandemic requires not only controlling
the number of interactions among employees (e.g., safety measures, social distancing) but also defining the scheduling
450 plan goals over the expected number of infected employees, allocation days, and capacity availability, so that the
maximum occupancy can be balanced for the lower number of infected employees. In addition, the definition of a
452 testing strategy plays an essential role in balancing the allocation⁴). We explore the impact on allocation decisions of
 α and τ in the Sensitivity analysis Section 5.

454 Overall, by implementing the days-off allocation strategy, we can flatten the infection curve while guaranteeing
the minimum risk of infection (to a certain extent), the highest workplace occupancy, and weekly demand coverage.
456 Of course, a decision-maker must define the ultimate goal of the plan and set a number of parameters (i.e., capacity
availability, the threshold on the number of infected, and testing rate) accordingly to balance the employee allocation
458 in the planning horizon.

5. Sensitivity analysis days-off scheduling model

460 In this section, we perform a sensitivity analysis on the solution obtained from the base case study. We aim to study
how the days-off allocation approach performs under various scenarios. In Subsection 5.1 we analyze different testing
462 strategies and the impact of the number of infected employees and threshold parameters on the allocation decisions and
risk of infection. In Subsection 5.2 we further investigate the effects that particular workload demand configurations
464 can have on the scheduling decisions. Finally, in Subsection 5.3, we analyze the computational performance of the
proposed model and its capability to solve large instances.

466 5.1. Testing rate strategy and threshold on the number of infected employees

The base case study presented in Subsection 4.2 considered the same value of the testing rate, τ for all the employee
468 categories, as well as a fixed parameter of the number of infected employees threshold, α . In this subsection, we
perform a sensitivity analysis to the base case study to observe how changes in the testing rate and threshold parameters
470 affect the scheduling decisions and infection rate in the time horizon. For the experiments we change the values of
the parameters, α and τ one at a time by considering the Days-off allocation strategy and the contact network N2
472 ($\overline{dg} = 18.00$). The other parameters are the same as those defined in Subsection 4.1.

5.1.1. Testing strategy

474 The testing strategy defined in the workplace has a significant impact on the progression of the virus through the
employee contact network. By increasing the testing rate (τ), the expected number of infected employees (RI) would
476 decrease, allowing the workload demand to be increased without putting the employees at risk. We explore several

⁴Recall that for the base case we consider the same testing rate for the employee's categories.

testing strategies to assess the impact on the weekly demand coverage, $\%DC$, and the risk of infection on employee allocation. We define three testing strategies; same rate SR, incremental rate IR, and high risk rate HR. The SR strategy is as defined in the base case study, with an equal testing rate for all employee categories. The IR strategy considers an incremental testing policy, in which the employees are tested based on their risk of infection. Therefore, employees in category s_1 are tested at a lower rate than employees in category s_3 . The testing strategy HR tests only the employees in the high risk category; it assumes that employees in the remaining categories observe the required workplace safety measures. We also evaluate the scenario without testing for all the employees.

For the experiments we define a base scenario of the testing strategies in which we set the testing rate as $SR = 20\%$ for all employee categories; $IR = 15\%, 20\%, 33\%$ for the $s_1, s_2,$ and s_3 categories, respectively; and $HR = 1$ for the s_3 category and zero for s_1 and s_2 . To investigate the effect of testing across the three testing strategies, we scale the base scenario rate values above and below in 2% steps. In addition, to evaluate the effect of the threshold parameter on the solutions, we consider three scenarios of $\alpha = 4, 8, 16$. Figure 3 shows the expected number of infected employees for different testing strategies and α scenarios⁵. The x-axis refers to the testing rate, with 1 being the previously defined base scenario values. Thus, a testing rate of 0 implies no testing, while numbers greater than one indicate an increase in the testing rate from the reference values. The results follow a similar pattern for all the three scenarios of α . For low testing rates $\approx [0 - 6\%]$, there is a minimum deviation from the threshold parameter (stays within the allowed range), α . As the testing rate increases, a higher number of employees are allocated, and therefore the RI reaches a peak but starts decreasing for higher testing rates, $\tau \geq 20\%$.

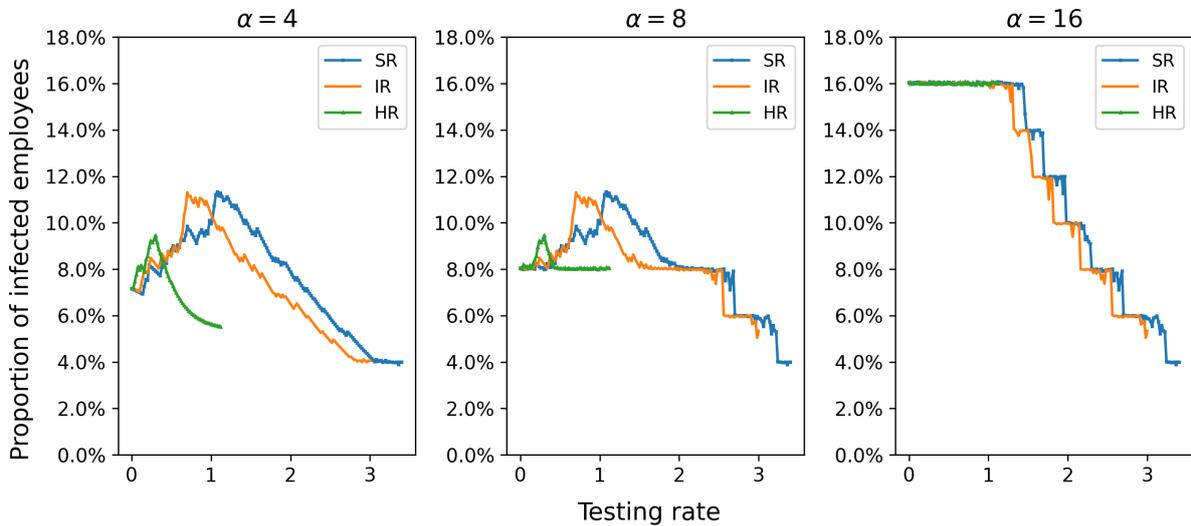


Figure 3: Comparison of proportion of infected employees for variations in testing strategy and threshold value. Testing strategies, Same Rate, SR; Incremental rate, IR; High rate, HR. The x-axis refers to as τ where 1 indicates the base scenario testing rates.

We also observe a phase shift pattern that varies among the testing strategies. For instance, in the second figure,

⁵Extended numerical results can be found in Appendix C, Tables C.9–C.11.

496 with an $\alpha = 8$, the SR strategy yields the lowest RI at testing rates ranging from [0 - 20%], while for the IR strategy,
the lowest number of infected employees lies on testing rates higher than 20%. Like the other testing strategies, HR
498 provides the highest RI for low testing rates, decreasing as the testing increases. For a high constrained scenario, i.e.,
 $\alpha = 4$, RI decreases as increasing the testing rate, whereas it remains constant for $\alpha = 8, 16$. It is worth noting that the
500 lowest RI for the HR strategy is around the threshold value. In contrast, for SR and IR, with $\alpha = 8, 16$, the expected
number of infected employees falls below the threshold parameter as the testing rate increases. These results may
502 be explained by the fact that the HR strategy focuses on testing only the high risk employees disregarding the other
categories that may be in contact with high risk employees in the contact network.

504 Another relevant aspect to analyze is how the testing strategy influences the allocation decisions for the different
employee categories. Figure 4 shows the allocation distribution for the base scenario testing rates, considering $\alpha = 8^6$.
506 As stated in Subsection 4.2, the scheduling plan smooths the allocation based on the progression of infection curves.
By comparing the testing strategies, we notice that the employee allocation distribution varies among the strategies.
508 While the SR strategy prioritizes the allocation of the s_2 category, the IR distributes the employees, prioritizing those
with the higher testing rate at the end of the time horizon. For the HR strategy, which focuses on testing only the
510 s_3 category, the employee types s_1 and s_2 are allocated at the beginning of the time horizon, and the s_3 at the end,
which indicates that the model is flattening the infection curve, due to the low rate of testing of the other employee
512 categories. When testing is not performed, the employees are allocated at the beginning of the time horizon, leaving
no allocation for periods 4 – 6. Thus, under this strategy, the organization would be required to go on full remote work
514 at the end of the time horizon to limit the spread of the virus to the defined threshold value, α .

Table 3 summarizes the performance indicators for the base scenario testing strategies, with $\alpha = 8$ and $u^{\max} = 30$.
516 The HR strategy gives the highest benefit of the scheduling plan for the base scenario testing rates. Thus, by testing
(every day) all of the employees in the s_3 category, the testing strategy results in 8.05% of employees infected at the
518 end of the time horizon, for a \overline{DC} of 76% and AL of 2.42 days. A higher weekly demand coverage of 81% and AL of
2.51 is obtained with the IR strategy, but with a higher number of infected employees, $RI = 10.37\%$. However, if the
520 testing rate is increased by 15% (See Table C.10 in Appendix C) for all of the employee categories, the RI will result
in 5.9% with a 100% weekly demand coverage, and $AL = 2.9$ days, obtaining, therefore, a total benefit of $\kappa = 441$. As
522 expected, the no testing strategy yields the lowest benefit with an $RI = 8.05\%$ and $\overline{DC} = 56\%$. By implementing this
strategy, the decision-maker can opt for the lowest occupancy without exceeding the defined threshold of the number
524 of infected employees, $\alpha = 8$. However, the average number of allocated days, AL , is the lowest, indicating that the
employees will be present in the workplace on average, 1.69 days. In addition, as shown in Figure 4 this strategy
526 concentrates the allocation at the beginning of the time horizon, requiring home working at the end of the period,
which might not be realistic for some organizations.

528 Overall, we find that the IR strategy outperforms the SR and HR strategies. The expected number of infected

⁶Extended numerical results can be found in Appendix C, Table C.8.

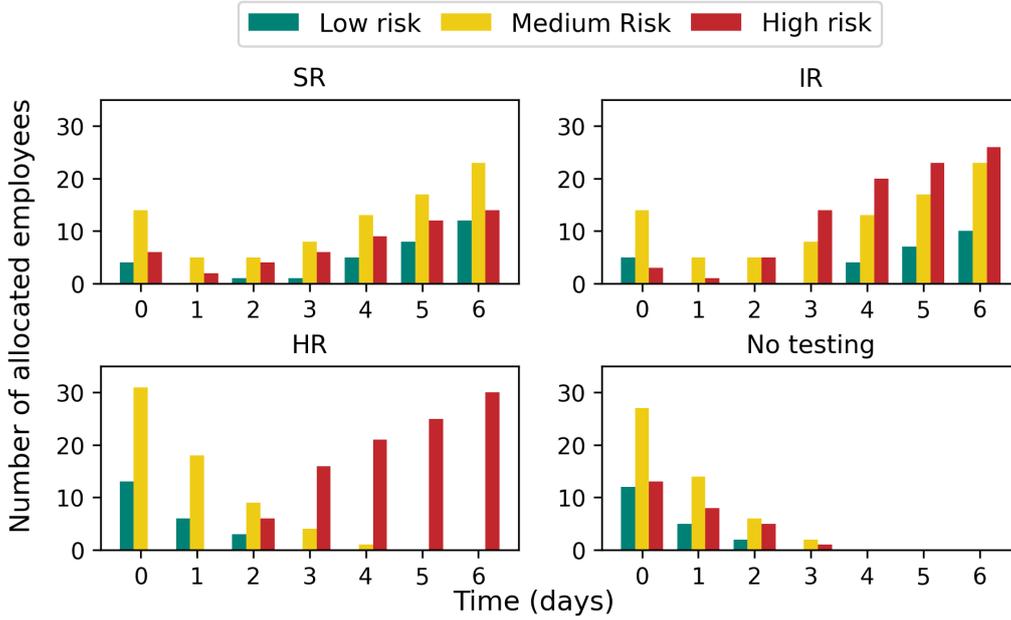


Figure 4: Employee allocation for the testing strategies: Same Rate, SR; Incremental rate, IR; High rate, HR; network: N2; $\alpha = 8$.

Testing strategy	Testing rate (%)			Average infected %RI	Average weekly demand coverage, %DC	Budget discount allocation days %DA	Occupancy level %OCC	Average allocated days, AL	Total benefit κ
	s_1	s_2	s_3						
	SR	20	20	20	9.94	73.00	20.00	40.00	2.31
IR	15	15	33	10.37	81.00	20.00	48.00	2.51	342.85
HR	0	0	100	8.05	76.00	20.00	44.00	2.42	348.35
No testing	-	-	-	8.05	56.00	36.66	24.00	1.69	255.33

Table 3: Summary of performance indicators for evaluating different testing strategies.

employees can be reduced by distributing the tests among all employee categories based on their risk, without needing
530 to test everyone every day. This strategy also ensures a smooth allocation of the employees in the time horizon by
flattening the infection curve. Moreover, increasing the threshold value increases the expected number of infected
532 employees, but the impact can be mitigated by increasing the testing rate. The phase shift pattern that we described
results from the days-off scheduling model balancing the allocation among the employee categories to guarantee the
534 maximum benefit at a lower risk of infection. In the next subsection, we explore how varying the threshold parameter
can affect the allocation decisions in the scheduling plan.

536 5.1.2. Threshold on allocation decisions and risk of infection

Implementing a scheduling plan during outbreaks requires the definition of the threshold for the number of infected
538 employees, which the decision-makers sets. The definition of α may be controversial because despite establishing
safety measures, allowing many employees present in the workplace would inevitably lead to a certain number of

540 infections. As we showed in the previous section, increasing α will also increase the number of infected employees
 due to the flexibility of the days-off scheduling model. However, the risk of infection can be reduced (to a certain
 542 extent) by increasing the testing rate. We remark that since the model aims to maximize workplace occupancy, α leads
 to an upper bound in the allocation process. We have defined a large enough value of the penalty cost c^{IF} , such that
 544 the slack variable Γ , stay at zero, if possible (refer to Constraint (7)).

We explore how the allocation decisions and risk of infection are affected by changes in the threshold parameter.
 546 For the experiments, we consider the base scenario testing rates, varying the values by $\pm 15\%$ for the different testing
 strategies⁷. Figure 5 summarizes the results. The left panel compares the average proportion of infected employees for
 548 different values of α , and the right panel shows the related weekly demand coverage⁸. The results are consistent with
 the analyses performed in Subsection 5.1.1. We observe that for all configurations, when α increases, so does \overline{DC} .
 550 For low testing rates (Figs. (a)–(b)), variations in α do not significantly affect the \overline{DC} and RI performance indicators
 among the testing strategies; the variations are more evident as the testing rate increases.

552 For the base scenario (Figs.(c)–(d)) the testing strategy IR outperforms SR and HR strategies in weekly demand
 coverage, \overline{DC} , for variations in α . For the RI the differences are minimal, with the exception of the HR strategy,
 554 which results in a low number of infected employees for low α values [0 -10]. We also notice that regardless
 of the defined α value, increasing the testing rate increases the weekly demand coverage for lower values of RI .
 556 For instance, for the base scenario (Figs.(c)–(d)) with $\alpha = 10$, the IR strategy yields $\overline{DC} = 81\%$ and $RI = 10.4\%$.
 However, by increasing the testing rate by 15% (Figs.(e)–(f)), $\overline{DC} = 100\%$ with $RI = 10\%$, which results in a higher
 558 benefit of the scheduling plan.

The results reveal that the setting of α must be combined with the appropriate testing approach based on the level
 560 of interactions in the workplace. Risk averse decision makers who desire to keep the number of infected personnel
 to a minimum (e.g., $\alpha = 0$) while maintaining the maximum occupancy levels can achieve this goal by using the
 562 testing strategies IR and SR. However, high testing rates will be required to attain such an objective.

5.2. Workload demand configuration

564 To understand the effect of different configurations of the workload demand on the optimal solution, we define
 three different settings of r_{is} , as described in Table 4. The first setting is as we defined in the base case study, where
 566 medium risk employees, s_2 , have the highest value. For the second case, we assume that there is an equal number of
 employees in each category, and for the third configuration, we consider that high risk employees, s_3 , have the highest
 568 value. For the experiments, we employ the contact network N2 and the same input parameters as defined in Section
 4.2.

570 Table 4 summarizes the performance indicators for the different workload demand configurations. The setting 2
 results in the highest benefit of the scheduling plan, $\kappa = 325.78$, with an average number of allocated employees of

⁷Note that for the testing strategy HR, the testing rate can only be increased up to 100%, considering the sensitivity of the test σ .

⁸Extended numerical results for each scenario can be found in Appendix C, Tables C.12 and C.13.

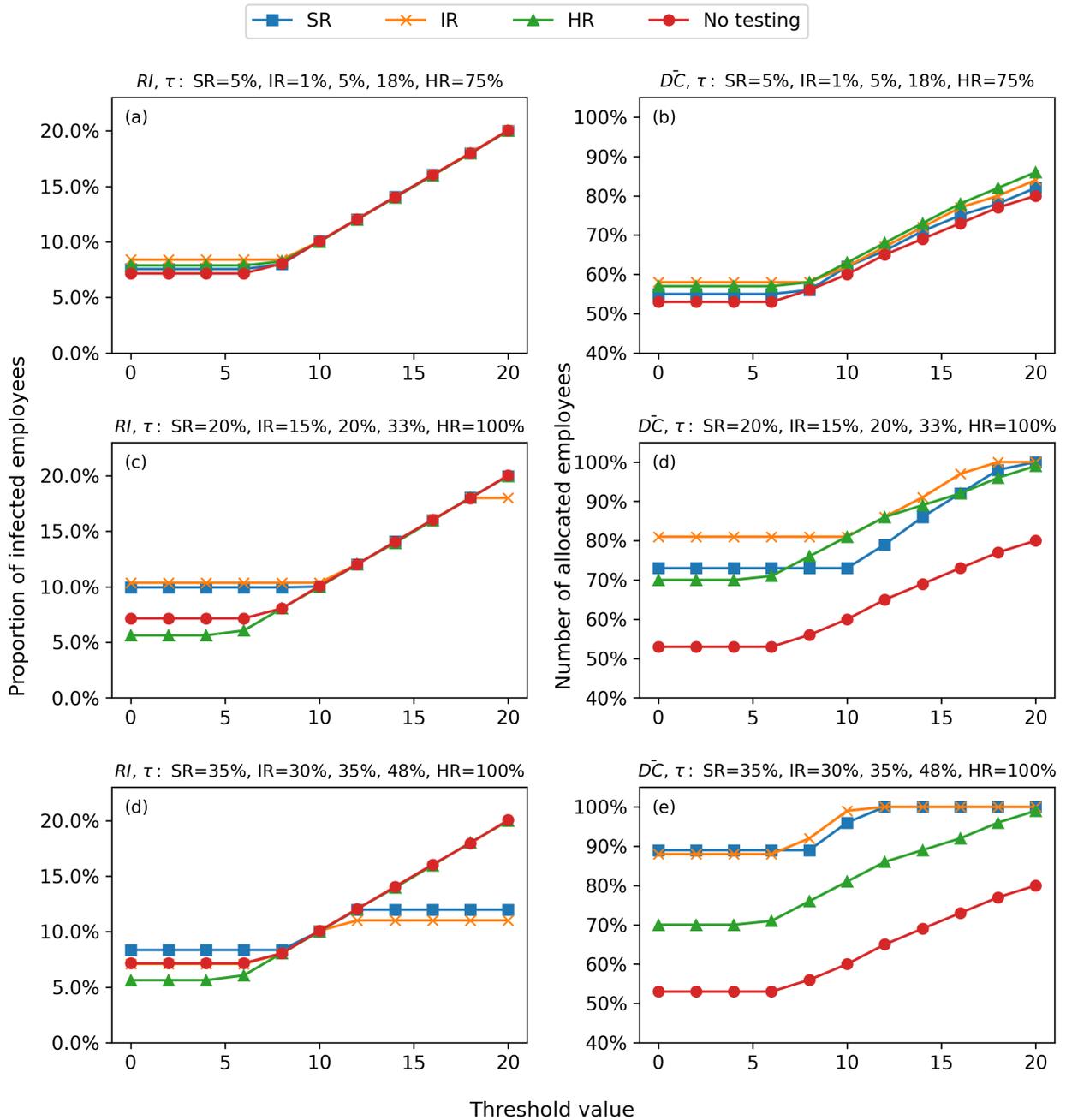


Figure 5: Expected proportion of infected employees (left panel) and weekly demand coverage (right panel) for several α values and testing strategies.

572 $\bar{DC} = 73.84\%$ and $RI = 9.94\%$. The setting 1 has similar results, $\bar{DC} = 70.96\%$ and $RI = 9.95\%$, although the
 574 is discounting more days from the budget discount. As expected the setting 3, which considers a high number of

employees in the high risk category, results in the lower benefit of the scheduling plan, $\kappa = 319.88$ and the highest number of employees infected, $RI = 10.29\%$ with a $\overline{DC} = 73.55\%$.

Setting	Number of employees			Weekly demand coverage			Average infected $\%RI$	Budget discount allocation days $\%DA$	Occupancy level $\%OCC$	Average allocated days AL	Total benefit κ
	r_{is}			$\%DC$							
	s_1	s_2	s_3	s_1	s_2	s_3					
1	25	45	30	64.00	82.22	66.66	9.95	20	41.11	2.32	320.77
2	34	33	33	61.76	90.09	69.69	9.94	10	41.84	2.32	325.78
3	30	25	45	63.33	84.00	73.33	10.29	10	42.82	2.41	319.88

Table 4: Performance indicator for different workload demand configurations.

Although the differences among the settings look minimal in terms of the $\%RI$ and \overline{DC} , the most substantial difference is found in the distribution of allocated employees as shown in Figure 6. We observe that according to the setting, employees in each category are allocated differently⁹ so that to balance the risk of infection and the occupancy levels accordingly. We remark that even a small percentage reduction in the number of infected employees is a significant gain during a pandemic. Therefore, we can state that introducing preventive measures to decrease the number of employees in the high risk groups can help stem the number of infections in the workplace while guaranteeing a high occupancy level.

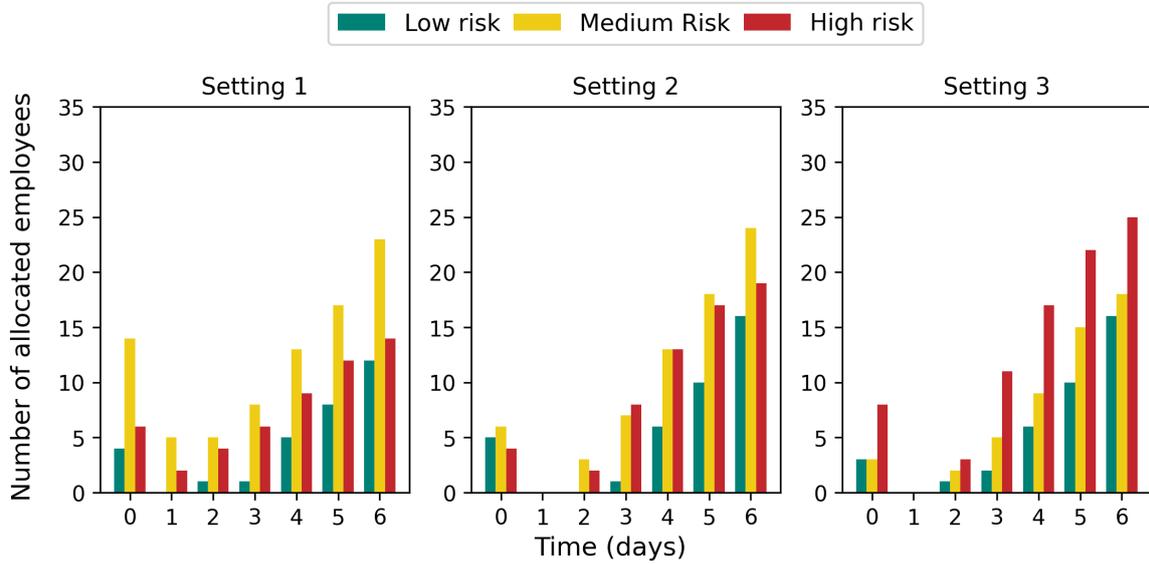


Figure 6: Employee allocation for different workload demand configurations. setting 1: $s_1 = 25$ $s_2 = 45$ $s_3 = 30$; setting 2: $s_1 = 34$ $s_2 = 33$ $s_3 = 33$; setting 3: $s_1 = 30$ $s_2 = 25$ $s_3 = 45$.

⁹Extended numerical results can be found in Appendix C, Table C.14.

584 5.3. Computational performance days-off scheduling model

The days-off scheduling model that we propose has a complex combinatorial structure. Due to the underlying
 586 contact network used to compute the disease progression, the number of constraints and variables may increase
 according to the network structure and number of nodes. We performed a sensitivity analysis to assess the
 588 computational performance of the days-off scheduling model and its capability to solve large instances. Table 5
 shows the performance in terms of solution gap (%) and CPU time (s) of 12 instances. We consider a scale-free
 590 network varying the number of nodes, n , and network measures for each instance. We consider the input parameters,
 $\alpha = 8$; $u^{\max} = 30$; testing strategy, IR. Each group of instances corresponds to a network with $n = 100, 300, 600$, and
 592 1000, differing by degree distribution, \overline{dg} , clustering coefficient, \overline{C} , and average path length, \overline{k} .

Instance	Instance characteristics				Computational time / Size			
	Number of nodes n	Average degree \overline{dg}	Clustering coefficient \overline{C}	Path length \overline{k}	Variables (thousands)	Constraints (thousands)	CPU time (s)	Gap (%)
1	100	3.92	0.18	2.86	3.00	1.00	0.17	0.00
2	100	18.00	0.28	1.86	3.00	1.00	0.13	0.00
3	100	32.00	0.41	1.68	3.00	1.00	0.13	0.00
4	300	3.97	0.08	3.58	9.30	3.00	0.30	0.00
5	300	19.33	0.14	2.18	9.30	3.00	0.34	0.00
6	300	37.33	0.21	1.90	9.30	3.00	0.33	0.00
7	600	3.99	0.05	3.89	18.60	6.00	1.52	0.00
8	600	19.67	0.08	2.41	18.60	6.00	10.08	0.00
9	600	38.67	0.13	2.04	18.60	6.00	0.72	0.00
10	1000	3.99	0.04	3.94	31.10	10.00	2.14	0.20
11	1000	19.80	0.06	2.55	31.10	10.00	5.64	0.20
12	1000	39.20	0.09	2.17	31.10	10.00	1.42	0.20

Table 5: Comparative of performance evaluation days-off scheduling model.

We evaluate several standard methods to improve the solution performance of the model. We define *presolve=1*
 594 to eliminate redundant variables and constraints, which reduced the size of the model to approximately 70% of its
 original size, considerably improving the computational time. For instances 1–9, we set the solution gap to 0%, which
 596 guarantees an optimal integer solution in a few seconds, independently of the size of the network. For instances 10–
 12, related to networks with 1000 nodes, we set the solution gap to 0.2%, since for lower values than this gap, the
 598 model was unable to find an optimal solution after 30 minutes of running time. Still, the solutions satisfy integrality
 while guaranteeing optimality. The results show that the proposed days-off scheduling model can solve large instances
 600 of realistic size within a short computational time. Although the computational effort increases with the size of the
 network, the quality of the solution remains within acceptable limits.

602 6. Concluding remarks

Personnel scheduling is a complex and time-consuming process that significantly impacts organizational
604 operations. The complexity of the PSP increases during unexpected disruptive events that put the staff and the
organization's goals at risk, requiring efficient staffing policies. In response to the recent COVID-19 pandemic, we
606 proposed a novel MILP model to solve a days-off scheduling model coupled with an MMCA modeling framework
that computes the probability of infection transmission of the staff that works in close contact. The model aims to
608 maximize workplace occupancy while minimizing the number of infected employees in the time horizon. Our
findings highlight the importance of efficient staffing and scheduling practices for organizations that must maintain
610 their operations during disease outbreaks.

We studied the impact of disease spread on staffing and scheduling decisions considering a network-based
612 epidemiological approach. The proposed days-off scheduling model determined when and which employee to
allocate as well as the allocation length while ensuring the minimum number of infected employees in the time
614 horizon. We studied the effect of the contact network structure on employee allocation by comparing three strategies:
Full allocation, *Partial allocation*, and *Days-off allocation*. We showed that the days-off strategy outperforms the
616 cases when the employees are fully and partially allocated; this strategy decreased the expected number of infected
employees by 20%-45% compared to the other strategies. By defining a threshold value over the expected number of
618 infected employees and capacity availability constraints, the Days-off allocation strategy can accomplish weekly
demand coverage and occupancy levels while guaranteeing safety in the workplace (to a certain extent). The findings
620 revealed that in the context of personnel scheduling, a low average degree distribution of the network, does not
necessarily guarantee lower infection rates. This finding is noteworthy since the most standard practice in
622 organizations during disease outbreaks has been to impose social distancing rules in the workplace (D'angelo et al.,
2021). Aside from the employee interactions, other factors have to be considered, such as the definition of the
624 threshold value of the expected number of infected employees and the testing strategy which has a direct impact on
allocation decisions. As a result, a tailored staffing and scheduling plan would have to be developed in accordance
626 with management's priorities and needs.

We performed a sensitivity analysis to explore the impact of different testing strategies and variations of the
628 expected number of infected employees on the allocation decisions and risk of infection. We evaluated three testing
strategies: *Same rate*, *Incremental rate*, and *High rate*. We found that the *Incremental testing rate*, which tests the
630 employees according to their risk of infection, outperformed the other strategies in both weekly demand coverage
and the average number of infected employees. However, the selection of the testing strategy must be carefully
632 defined according to the threshold value of the expected number of infected employees. Risk-averse decision-makers
who prefer to keep a low value of infected employees while increasing occupancy would have to increase testing
634 rates to reach this goal; nonetheless, even with low occupancy levels, a certain proportion of infected employees is
unavoidable. We showed that the most efficient balance between the risk of infection and workplace occupancy is

636 obtained with the *Same rate* and *Incremental rate* testing strategies. In addition, we assessed the impact of workload
demand configuration on allocation decisions. The results showed that introducing pharmaceutical and not
638 pharmaceutical interventions in the workplace (e.g., vaccination, use of masks) to reduce the number of employees in
the high risk groups would contribute to decreasing the number of infections in the workplace with high occupancy
640 levels and low testing rates.

The proposed days-off scheduling model during disease outbreaks can be implemented and used in real
642 organizational settings to guide staff planning. The model can solve large instances with low computational effort
while guaranteeing optimality. Of course, for real-world applications, additional factors, such as data collection, to
644 capture the number of interactions among employees, the individual probability of transmission, and priority levels,
would need to be considered. The underlying contact network of employees is the most crucial data to collect; yet,
646 this type of data collection has previously been handled (Génois et al., 2015) by giving wearable sensors to people
for recording face-to-face contacts in an office building. For practical applications of the proposed approach, we
648 remark that the scheduling policies during disease outbreaks should be carefully examined, as such decisions impact
people's lives and well-being.

650 The model can be extended to incorporate additional features tailored to specific sectors. For instance, in the
service sector (i.e., retail, call center, health, postal services) is relevant to consider employee preferences of allocation
and labor flexibility by introducing multiskilled staff. In addition, it would be interesting to consider a bipartite
652 weighted network to represent the interactions of the employees with external visitors and assess the trade-off between
demand coverage, supply, and risk of infection. Further extensions to the model can include uncertainty in disease
654 transmission probability and allocation days to capture the system's natural variability and provide robust scheduling
decisions in a high-risk context. The aspects above can be easily included in the current model without modifying the
656 main structure. Finally, the modeling framework we propose considering a network-based epidemiological approach
can be broadly applied to any outbreak disease with similar characteristics to the SARS-CoV-2 virus, accounting for
658 virus transmission via droplet and airborne routes.

660 **Acknowledgements**

This work was partially funded by the Center of Advanced Systems Understanding (CASUS), which is financed
662 by Germany's Federal Ministry of Education and Research (BMBF) and by the Saxon Ministry for Science, Culture,
and Tourism (SMWK) with tax funds on the basis of the budget approved by the Saxon State Parliament.

664 **References**

- Abdin, A. F., Fang, Y.-P., Caunhye, A., Alem, D., Barros, A., & Zio, E. (2021). An optimization model for planning testing and control strategies
666 to limit the spread of a pandemic—the case of COVID-19. *European journal of operational research*, .
- Albert, R., & Barabási, A.-L. (2002). Statistical mechanics of complex networks. *Reviews of modern physics*, 74, 47.

668 Arenas, A., Cota, W., Gómez-Gardeñes, J., Gómez, S., Granel, C., Matamalas, J. T., Soriano-Paños, D., & Steinegger, B. (2020). Modeling
the spatiotemporal epidemic spreading of COVID-19 and the impact of mobility and social distancing interventions. *Physical Review X*, *10*,
670 041055.

Aslan, S., & Türkekın, O. H. (2021). A construction project scheduling methodology considering COVID-19 pandemic measures. *Journal of
672 Safety Research*, .

Bagger, N.-C. F., van der Hurk, E., Hoogervorst, R., & Pisinger, D. (2022). Reducing disease spread through optimization: Limiting mixture of the
674 population is more important than limiting group sizes. *Computers & Operations Research*, (p. 105718).

Baker, K. R. (1976). Workforce allocation in cyclical scheduling problems: A survey. *Journal of the Operational Research Society*, *27*, 155–167.

676 Barabási, A.-L., & Albert, R. (1999). Emergence of scaling in random networks. *science*, *286*, 509–512.

Batista, A., Pozo, D., & Vera, J. (2020). Stochastic time-of-use-type constraints for uninterruptible services. *IEEE Transactions on Smart Grid*,
678 *11*, 229–232.

Van den Bergh, J., Beliën, J., De Bruecker, P., Demeulemeester, E., & De Boeck, L. (2013). Personnel scheduling: A literature review. *European
680 journal of operational research*, *226*, 367–385.

Block, P., Hoffman, M., Raabe, I. J., Dowd, J. B., Rahal, C., Kashyap, R., & Mills, M. C. (2020). Social network-based distancing strategies to
682 flatten the COVID-19 curve in a post-lockdown world. *Nature Human Behaviour*, *4*, 588–596.

Boccaletti, S., Latora, V., Moreno, Y., Chavez, M., & Hwang, D.-U. (2006). Complex networks: Structure and dynamics. *Physics reports*, *424*,
684 175–308.

Bollobás, B. (2012). *Graph theory: an introductory course* volume 63. Springer Science & Business Media.

686 Brucker, P., Qu, R., & Burke, E. (2011). Personnel scheduling: Models and complexity. *European Journal of Operational Research*, *210*, 467–473.

Choi, T.-M. (2021). Fighting against COVID-19: what operations research can help and the sense-and-respond framework. *Annals of Operations
688 Research*, (pp. 1–17).

Cohon, J. L. (2004). *Multiobjective programming and planning* volume 140. Courier Corporation.

690 CubasAtienzar, A., Bell, F., Byrne, R., Buist, K., Clark, D. J., Cocozza, M., Collins, A., Cuevas, L., Duvoix, A., Easom, N. et al. (2021). Accuracy
of the mologic covid-19 rapid antigen test: a prospective multi-centre analytical and clinical evaluation. *Wellcome Open Research*, *6*, 132.

692 D'angelo, D., Sinopoli, A., Napoletano, A., Gianola, S., Castellini, G., Del Monaco, A., Fauci, A. J., Latina, R., Iacorossi, L., Salomone, K. et al.
(2021). Strategies to exiting the covid-19 lockdown for workplace and school: A scoping review. *Safety science*, *134*, 105067.

694 Davoodi, M., Senapati, A., Mertel, A., Schlechte-Welnicz, W., & Calabrese, J. M. (2022). Optimal workplace occupancy strategies during the
COVID-19 pandemic. *arXiv preprint arXiv:2204.01444*, .

696 Ely, J., Galeotti, A., & Steiner, J. (2021). Rotation as contagion mitigation. *Management Science*, *67*, 3117–3126.

Ernst, A. T., Jiang, H., Krishnamoorthy, M., Owens, B., & Sier, D. (2004a). An annotated bibliography of personnel scheduling and rostering.
698 *Annals of Operations Research*, *127*, 21–144.

Ernst, A. T., Jiang, H., Krishnamoorthy, M., & Sier, D. (2004b). Staff scheduling and rostering: A review of applications, methods and models.
700 *European journal of operational research*, *153*, 3–27.

Génois, M., Vestergaard, C. L., Fournet, J., Panisson, A., Bonmarin, I., & Barrat, A. (2015). Data on face-to-face contacts in an office building
702 suggest a low-cost vaccination strategy based on community linkers. *Network Science*, *3*, 326–347.

Gómez, S., Arenas, A., Borge-Holthoefer, J., Meloni, S., & Moreno, Y. (2010). Discrete-time markov chain approach to contact-based disease
704 spreading in complex networks. *EPL (Europhysics Letters)*, *89*, 38009.

Gómez-Gardeñes, J., de Barros, A. S., Pinho, S. T., & Andrade, R. F. (2015). Abrupt transitions from reinfections in social contagions. *EPL
706 (Europhysics Letters)*, *110*, 58006.

Granel, C., Gómez, S., & Arenas, A. (2013). Dynamical interplay between awareness and epidemic spreading in multiplex networks. *Physical
708 review letters*, *111*, 128701.

Granel, C., Gómez, S., & Arenas, A. (2014). Competing spreading processes on multiplex networks: awareness and epidemics. *Physical review
710 E*, *90*, 012808.

- Guerriero, F., & Guido, R. (2021). Modeling a flexible staff scheduling problem in the era of COVID-19. *Optimization Letters*, (pp. 1–21).
- 712 Güler, M. G., & Geçici, E. (2020). A decision support system for scheduling the shifts of physicians during COVID-19 pandemic. *Computers & Industrial Engineering*, *150*, 106874.
- 714 Harapan, H., Itoh, N., Yufika, A., Winardi, W., Keam, S., Te, H., Megawati, D., Hayati, Z., Wagner, A. L., & Mudatsir, M. (2020). Coronavirus disease 2019 (COVID-19): A literature review. *Journal of infection and public health*, *13*, 667–673.
- 716 Hazarie, S., Soriano-Paños, D., Arenas, A., Gómez-Gardeñes, J., & Ghoshal, G. (2021). Interplay between population density and mobility in determining the spread of epidemics in cities. *Communications Physics*, *4*, 1–10.
- 718 Jordan, E., Shin, D. E., Leekha, S., & Azarm, S. (2021). Optimization in the context of COVID-19 prediction and control: A literature review. *IEEE Access*, .
- 720 Karin, O., Bar-On, Y., Milo, T., Katzir, I., Mayo, A., Korem, Y., Dudovich, B., Yashiv, E., Zehavi, A., Davidovich, N. et al. (). Adaptive cyclic exit strategies from lockdown to suppress covid-19 and allow economic activity. medrxiv (2020). Available at doi. org/10.1101/2020.04. 4.
- 722 Keeling, M., & Eames, K. (2005a). Jr soc. *Interface*, *2*, 295–307.
- Keeling, M. J., & Eames, K. T. (2005b). Networks and epidemic models. *Journal of the royal society interface*, *2*, 295–307.
- 724 Kiss, I. Z., Miller, J. C., Simon, P. L. et al. (2017). Mathematics of epidemics on networks. *Cham: Springer*, 598.
- Larremore, D. B., Shew, W. L., & Restrepo, J. G. (2011). Predicting criticality and dynamic range in complex networks: effects of topology. *Physical review letters*, *106*, 058101.
- 726 Lieveld, J., Helleis, F., Borrmann, S., Cheng, Y., Drewnick, F., Haug, G., Klimach, T., Sciare, J., Su, H., & Pöschl, U. (2020). Model calculations of aerosol transmission and infection risk of COVID-19 in indoor environments. *International Journal of Environmental Research and Public Health*, *17*, 8114.
- 728 Li, H., Liu, S.-M., Yu, X.-H., Tang, S.-L., & Tang, C.-K. (2020). Coronavirus disease 2019 (COVID-19): current status and future perspectives. *International journal of antimicrobial agents*, *55*, 105951.
- 730 Lim, C. Y., Bohn, M. K., Lippi, G., Ferrari, M., Loh, T. P., Yuen, K.-Y., Adeli, K., Horvath, A. R. et al. (2020). Staff rostering, split team arrangement, social distancing (physical distancing) and use of personal protective equipment to minimize risk of workplace transmission during the covid-19 pandemic: a simulation study. *Clinical biochemistry*, *86*, 15–22.
- 732 Lyngse, F. P., Mortensen, L. H., Denwood, M. J., Christiansen, L. E., Moller, C. H., Skov, R. L., Spiess, K., Fomsgaard, A., Lassauniere, R., Rasmussen, M. et al. (2021). SARS-CoV-2 Omicron VOC transmission in Danish households. *medRxiv*, .
- 734 Matamalas, J. T., Gómez, S., & Arenas, A. (2020). Abrupt phase transition of epidemic spreading in simplicial complexes. *Physical Review Research*, *2*, 012049.
- 738 Mauras, S., Cohen-Addad, V., Duboc, G., Dupré la Tour, M., Frasca, P., Mathieu, C., Opatowski, L., & Viennot, L. (2021). Mitigating COVID-19 outbreaks in workplaces and schools by hybrid telecommuting. *PLoS computational biology*, *17*, e1009264.
- Musliu, N., & Winter, F. (). Physician scheduling during a pandemic. *Integration of Constraint Programming, Artificial Intelligence, and Operations Research*, (p. 456).
- 742 Newman, M. (2018). *Networks*. Oxford university press.
- 744 Newman, M. E., Watts, D. J., & Strogatz, S. H. (2002). Random graph models of social networks. *Proceedings of the national academy of sciences*, *99*, 2566–2572.
- 746 Özder, E. H., Özcan, E., & Eren, T. (2020). A systematic literature review for personnel scheduling problems. *International Journal of Information Technology & Decision Making*, *19*, 1695–1735.
- 748 Qin, R., Nembhard, D. A., & Barnes II, W. L. (2015). Workforce flexibility in operations management. *Surveys in Operations Research and Management Science*, *20*, 19–33.
- 750 Rachaniotis, N. P., Dasaklis, T. K., & Pappis, C. P. (2012). A deterministic resource scheduling model in epidemic control: A case study. *European Journal of Operational Research*, *216*, 225–231.
- 752 Rawson, T., Brewer, T., Veltcheva, D., Huntingford, C., & Bonsall, M. B. (2020). How and when to end the COVID-19 lockdown: an optimization approach. *Frontiers in Public Health*, (p. 262).

- 754 Sánchez-Taltavull, D., Castelo-Szekely, V., Candinas, D., Roldán, E., & Beldi, G. (2021). Modelling strategies to organize healthcare workforce during pandemics: application to COVID-19. *Journal of theoretical biology*, *523*, 110718.
- 756 Sanchez-Taltavull, D., Castelo-Szekely, V., Murugan, S., Rollenske, T., Ganal-Vonarburg, S. C., Buchi, I., Keogh, A., Li, H., Salm, L., Spari, D. et al. (2021). Regular testing of asymptomatic healthcare workers identifies cost-efficient SARS-cov-2 preventive measures. *medRxiv*, . doi:<https://doi.org/10.1371/journal.pone.0258700>.
- 758 Seccia, R. (2020). The nurse rostering problem in COVID-19 emergency scenario. *Technical Report*, .
- 760 Shereen, M. A., Khan, S., Kazmi, A., Bashir, N., & Siddique, R. (2020). COVID-19 infection: Emergence, transmission, and characteristics of human coronaviruses. *Journal of advanced research*, *24*, 91–98.
- 762 Valdano, E., Ferreri, L., Poletto, C., & Colizza, V. (2015). Analytical computation of the epidemic threshold on temporal networks. *Physical Review X*, *5*, 021005.
- 764 Wang, W., Tang, M., Stanley, H. E., & Braunstein, L. A. (2017). Unification of theoretical approaches for epidemic spreading on complex networks. *Reports on Progress in Physics*, *80*, 036603.
- 766 Wang, Z., Guo, Q., Sun, S., & Xia, C. (2019). The impact of awareness diffusion on sir-like epidemics in multiplex networks. *Applied Mathematics and Computation*, *349*, 134–147.
- 768 Watts, D. J., & Strogatz, S. H. (1998). Collective dynamics of ‘small-world’ networks. *nature*, *393*, 440–442.
- WHO COVID-19 (2020). Dashboard. Geneva: World Health Organization. Available from: <https://covid19.who.int/>.
- 770 World Health Organization and others (2022). Enhancing response to Omicron SARS-CoV-2 variant. Available from: [www.who.int/publications/m/item/enhancing-readiness-for-omicron-\(b.1.1.529\)-technical-brief-and-priority-actions-for-memberstates](http://www.who.int/publications/m/item/enhancing-readiness-for-omicron-(b.1.1.529)-technical-brief-and-priority-actions-for-memberstates) (21
772 January 2022).
- Zucchi, G., Iori, M., & Subramanian, A. (2021). Personnel scheduling during COVID-19 pandemic. *Optimization Letters*, *15*, 1385–1396.

774 **Appendix A. Network properties description**

The spreading of a virus through a contact network depends on several fundamental measures that can be obtained from the defined graph, G . In this study, we focus on the network measures: 1. node degree (heterogeneity in the number of contacts); 2. clustering of contacts, and the 3. average path length of the network, described as follows:

778 1. *Node degree (dg):*

The degree of node i corresponds to the number of connections it has. For the adjacency matrix $\mathbf{A}(=a_{ij})$ the degree of node i can be computed as,

$$dg_i = \sum_{j=1}^E a_{ij} \quad \forall i \in E \quad (\text{A.1})$$

2. *Average clustering coefficient (C):*

782 The local clustering coefficient for node i is defined as the ratio of the number of edges in its neighbors and the total number of all edges possible with the neighbors (Watts & Strogatz, 1998; Newman, 2018). This network measure quantifies how the neighbors of node i are connected with each other. Let us denote the number of edges among the neighbors of node i by Q_i . Also if the node i has degree dg_i , then the total number of possible edges is $\frac{dg_i(dg_i-1)}{2}$. Therefore, the mathematical expression of the local clustering coefficient for node i can be written as:

$$C_i = \frac{2Q_i}{dg_i(dg_i - 1)},$$

Finally, the average clustering coefficient (\bar{C}) can be obtained as:

$$\bar{C} = \frac{1}{n} \sum_{i \in G} C_i. \quad (\text{A.2})$$

788 3. *Average path length (\bar{k}):*

790 The shortest path between node i and node j refers to the collection of minimum number edges through which node i and node j can be connected. Let $d(i, j)$ be the length (i.e, number of edges in shortest path) of the shortest path between nodes i and j . Then the average path length (\bar{k}) for a network consisting of number of nodes can be expressed as follows (Albert & Barabási, 2002):

$$\bar{k} = \sum_{i, j \in \mathcal{V}} \frac{d(i, j)}{n(n-1)} \quad (\text{A.3})$$

Appendix B. Extended numerical results days-off scheduling model: base case

794 This section presents the extended numerical results of the days-off scheduling model for the base case problem
 detailed in Subsection 4.2. Table B.6 details the proportion of infected employees for the different allocation strategies:
 796 Full allocation, Partial allocation, Days-off allocation, and network structures: N1, N2, N3. Similarly, Table B.7 shows
 the proportion of allocated employees for the allocation strategies and network structures. We also present the results
 798 for the different employee categories: High risk, s_1 , Medium risk, s_2 , and Low risk, s_3 . Note that for the Full allocation
 and Partial allocation strategies, we do not discriminate by type of network because the results are the same for each
 800 case.

Table B.6: Proportion of infected employees for different network structures and allocation strategies.

t	N1			N2			N3		
	Full allocation	Partial allocation	Days-off allocation	Full allocation	Partial allocation	Days-off allocation	Full allocation	Partial allocation	Days-off allocation
0	50.35	21.58	4.39	50.35	21.58	4.45	50.35	21.58	2.25
1	48.35	24.53	4.98	66.87	34.22	3.56	77.56	38.26	0.69
2	45.54	23.29	7.51	69.43	35.53	6.55	74.57	37.60	3.62
3	42.05	24.62	10.87	62.55	37.61	9.03	62.90	37.84	9.84
4	38.17	26.32	13.53	53.34	37.63	13.63	51.96	36.55	16.12
5	34.19	18.94	15.50	44.56	25.13	15.44	42.74	23.96	19.08
6	30.31	16.83	17.74	36.92	20.91	16.96	35.10	19.71	20.08

Table B.7: Proportion of allocated employees per different testing strategies and employee category.

t	Full allocation			Partial allocation			Days-off allocation								
	%DC			%DC			%DC								
	s_1	s_2	s_3	s_1	s_2	s_3	N1			N2			N3		
	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3
0	100.00	100.00	100.00	44.00	31.11	53.33	16.00	33.33	26.67	44.00	31.11	53.33	12.00	20.00	10.00
1	100.00	100.00	100.00	56.00	35.56	66.67	8.00	26.67	16.67	56.00	35.56	66.67	0.00	2.22	0.00
2	100.00	100.00	100.00	64.00	40.00	56.67	12.00	20.00	23.33	64.00	40.00	56.67	0.00	6.67	6.67
3	100.00	100.00	100.00	56.00	57.78	66.67	16.00	26.67	36.67	56.00	57.78	66.67	0.00	17.78	26.67
4	100.00	100.00	100.00	56.00	82.22	63.33	32.00	33.33	40.00	56.00	82.22	63.33	16.00	33.33	43.33
5	100.00	100.00	100.00	44.00	64.44	53.33	44.00	42.22	50.00	44.00	64.44	53.33	28.00	48.89	56.67
6	100.00	100.00	100.00	44.00	64.44	53.33	64.00	57.78	56.67	44.00	64.44	53.33	48.00	62.22	63.33

Appendix C. Extended numerical results sensitivity analysis days-off scheduling model

802 In this section, we detail the extended numerical results of the sensibility analysis described in Section 5. We
 consider the same input data as described in the base case study considering the network N2.

804 *Appendix C.1. Testing strategy*

Table C.8 extends the numerical results of the analysis performed in Subsection 5.1.1. We detail the proportion
 806 of allocated employees for the different testing strategies: Same rate SR, Incremental rate IR, High rate HR, and no
 testing. The results are also detailed by employee category. Tables C.9 – C.11 details the results for the performance
 808 metrics (see Subsection 3.4), for each value of the evaluated testing rate τ in the sensitivity analysis, considering
 $\alpha = 8$. Each table corresponds to a different testing strategy, SR, IR, HR, respectively. Recall that $\alpha = 1$ refers to the
 810 base scenario values of testing rates (see Table 3). Thus, values above and below the base scenario values indicate
 and increase or decrease by the factor 0.02. Tables C.9 – C.11 can be used as a guideline with various testing rates to
 812 decide upon the expected outcome of the scheduling plan.

Table C.8: Proportion of allocated employees for different testing strategies. network: N2; $\alpha = 8$.

t	SR			IR			HR			No testing		
	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3
0	16.00	31.11	20.00	20.00	31.11	10.00	52.00	68.89	0.00	48.00	60.00	43.33
1	0.00	11.11	6.67	0.00	11.11	3.33	24.00	40.00	0.00	20.00	31.11	26.67
2	4.00	11.11	13.33	0.00	11.11	16.67	12.00	20.00	20.00	8.00	13.33	16.67
3	4.00	17.78	20.00	0.00	17.78	46.67	0.00	8.89	53.33	0.00	4.44	3.33
4	20.00	28.89	30.00	16.00	28.89	66.67	0.00	2.22	70.00	0.00	0.00	0.00
5	32.00	37.78	40.00	28.00	37.78	76.67	0.00	0.00	83.33	0.00	0.00	0.00
6	48.00	51.11	46.67	40.00	51.11	86.67	0.00	0.00	100.00	0.00	0.00	0.00

Table C.9: Sensitivity analysis summary for different testing rates. network: N2; testing strategy: SR; $\alpha = 8$.

τ	%RI	%DC	%DA	%OCC	AL	κ	τ	%RI	%DC	%DA	%OCC	AL	κ	τ	%RI	%DC	%DA	%OCC	AL	κ
0	8.05	56.00	36.67	23.11	1.70	255.33	1.14	11.11	80.00	13.33	48.91	2.51	336.41	2.28	8.04	100.00	3.33	70.32	2.89	439.44
0.02	8.02	56.00	36.67	23.11	1.70	255.67	1.16	10.95	80.00	13.33	48.91	2.51	338.68	2.30	8.01	100.00	0.00	70.56	2.90	440.88
0.04	7.99	56.00	36.67	23.11	1.70	256.00	1.18	11.00	81.00	13.33	49.88	2.53	340.95	2.32	7.99	100.00	0.00	70.56	2.90	441.00
0.06	8.04	56.00	33.33	23.36	1.71	256.47	1.2	11.13	82.00	13.33	50.85	2.55	343.24	2.34	7.99	100.00	0.00	70.56	2.90	441.00
0.08	8.00	56.00	33.33	23.36	1.71	257.00	1.22	11.03	82.00	10.00	51.09	2.56	345.54	2.36	8.00	100.00	0.00	71.05	2.92	441.00
0.1	8.10	56.00	36.67	23.11	1.70	257.56	1.24	10.87	82.00	10.00	51.09	2.56	347.80	2.38	7.97	100.00	0.00	71.29	2.93	441.00
0.12	8.06	56.00	36.67	23.11	1.70	258.15	1.26	10.71	82.00	10.00	51.09	2.56	350.04	2.40	7.98	100.00	0.00	70.56	2.90	441.00
0.14	8.02	56.00	36.67	23.11	1.70	258.74	1.28	10.77	83.00	10.00	52.07	2.58	352.26	2.42	7.99	100.00	0.00	71.53	2.94	441.00
0.16	8.05	56.00	33.33	23.36	1.71	259.35	1.3	10.61	83.00	10.00	52.07	2.58	354.48	2.44	7.92	100.00	0.00	70.80	2.91	441.00
0.18	8.00	56.00	33.33	23.36	1.71	260.00	1.32	10.74	84.00	10.00	53.28	2.61	356.70	2.46	7.92	100.00	0.00	71.53	2.94	441.00
0.2	8.24	57.00	36.67	23.84	1.72	260.68	1.34	10.58	84.00	10.00	53.28	2.61	358.91	2.48	7.97	100.00	0.00	70.56	2.90	441.00
0.22	8.18	57.00	36.67	23.84	1.72	261.48	1.36	10.42	84.00	10.00	53.28	2.61	361.09	2.50	7.93	100.00	0.00	71.78	2.95	441.00
0.24	8.12	57.00	36.67	23.84	1.72	262.38	1.38	10.27	84.00	10.00	53.28	2.61	363.24	2.52	7.99	100.00	0.00	71.78	2.95	441.00
0.26	8.05	57.00	36.67	23.84	1.72	263.31	1.4	10.12	84.00	10.00	53.28	2.61	365.36	2.54	7.99	100.00	0.00	71.29	2.93	441.00
0.28	8.06	57.00	33.33	24.09	1.74	264.21	1.42	9.97	84.00	10.00	53.28	2.61	367.45	2.56	8.00	100.00	0.00	71.78	2.95	441.00
0.3	7.99	57.00	33.33	24.09	1.74	265.00	1.44	10.11	85.00	10.00	54.50	2.64	369.52	2.58	7.51	100.00	0.00	71.53	2.94	441.00
0.32	8.01	58.00	36.67	24.57	1.74	265.89	1.46	9.96	85.00	10.00	54.50	2.64	371.60	2.60	7.82	100.00	0.00	71.78	2.95	441.00
0.34	8.23	58.00	36.67	24.82	1.76	266.80	1.48	9.81	85.00	10.00	54.50	2.64	373.65	2.62	7.82	100.00	0.00	70.80	2.91	441.00
0.36	8.15	58.00	36.67	24.82	1.76	267.83	1.5	9.67	85.00	10.00	54.50	2.64	375.67	2.64	7.11	100.00	0.00	71.05	2.92	441.00
0.38	8.08	58.00	36.67	24.82	1.76	268.87	1.52	9.52	85.00	10.00	54.50	2.64	377.66	2.66	7.55	100.00	0.00	72.26	2.97	441.00
0.4	8.43	59.00	36.67	25.79	1.80	270.05	1.54	9.60	86.00	10.00	55.47	2.65	379.63	2.68	7.91	100.00	0.00	75.18	3.09	441.00
0.42	8.34	59.00	36.67	25.79	1.80	271.22	1.56	9.46	86.00	10.00	55.47	2.65	381.61	2.70	6.03	100.00	0.00	70.56	2.90	441.00
0.44	8.26	59.00	36.67	25.79	1.80	272.43	1.58	9.74	88.00	10.00	57.42	2.68	383.62	2.72	6.00	100.00	0.00	70.56	2.90	441.00
0.46	8.74	61.00	36.67	27.25	1.84	273.70	1.6	9.60	88.00	10.00	57.42	2.68	385.62	2.74	6.00	100.00	0.00	70.56	2.90	441.00
0.48	8.64	61.00	36.67	27.25	1.84	275.08	1.62	9.46	88.00	10.00	57.42	2.68	387.59	2.76	5.99	100.00	0.00	70.80	2.91	441.00
0.5	8.82	62.00	36.67	27.98	1.85	276.46	1.64	9.32	88.00	10.00	57.42	2.68	389.55	2.78	5.99	100.00	0.00	70.56	2.90	441.00
0.52	9.01	63.00	36.67	28.71	1.87	277.88	1.66	9.18	88.00	10.00	57.42	2.68	391.49	2.80	5.98	100.00	0.00	70.56	2.90	441.00
0.54	8.90	63.00	36.67	28.71	1.87	279.37	1.68	9.04	88.00	10.00	57.42	2.68	393.41	2.82	6.00	100.00	0.00	70.56	2.90	441.00
0.56	8.80	63.00	36.67	28.71	1.87	280.83	1.70	8.91	88.00	10.00	57.42	2.68	395.29	2.84	5.99	100.00	0.00	70.56	2.90	441.00
0.58	9.05	64.00	36.67	29.68	1.91	282.33	1.72	8.77	88.00	10.00	57.42	2.68	397.16	2.86	5.97	100.00	0.00	71.53	2.94	441.00
0.6	8.94	64.00	36.67	29.68	1.91	283.90	1.74	8.64	88.00	10.00	57.42	2.68	398.99	2.88	5.98	100.00	0.00	70.56	2.90	441.00
0.62	9.25	65.00	36.67	30.90	1.95	285.50	1.76	8.51	88.00	10.00	57.42	2.68	400.80	2.90	5.99	100.00	0.00	71.29	2.93	441.00
0.64	9.28	65.00	30.00	31.39	1.98	287.14	1.78	8.39	88.00	10.00	57.42	2.68	402.58	2.92	5.99	100.00	0.00	71.53	2.94	441.00
0.66	9.23	65.00	26.67	31.63	2.00	288.77	1.80	8.48	89.00	10.00	58.39	2.70	404.35	2.94	5.98	100.00	0.00	72.51	2.98	441.00
0.68	9.47	66.00	26.67	32.60	2.03	290.49	1.82	8.35	89.00	10.00	58.39	2.70	406.10	2.96	5.69	100.00	0.00	72.26	2.97	441.00
0.7	9.84	67.00	23.33	34.06	2.09	292.25	1.84	8.44	90.00	10.00	59.37	2.71	407.85	2.98	5.97	100.00	0.00	72.51	2.98	441.00
0.72	9.71	67.00	23.33	34.06	2.09	294.09	1.86	8.31	90.00	10.00	59.37	2.71	409.61	3.00	5.89	100.00	0.00	72.51	2.98	441.00
0.74	9.65	67.00	20.00	34.31	2.10	295.92	1.88	8.19	90.00	10.00	59.37	2.71	411.33	3.02	5.86	100.00	0.00	71.53	2.94	441.00
0.76	9.51	67.00	20.00	34.31	2.10	297.80	1.90	8.28	91.00	10.00	60.34	2.73	413.05	3.04	5.77	100.00	0.00	71.29	2.93	441.00
0.78	9.38	67.00	20.00	34.31	2.10	299.66	1.92	8.23	91.00	6.67	60.58	2.74	414.79	3.06	5.53	100.00	0.00	71.29	2.93	441.00
0.8	9.25	67.00	20.00	34.31	2.10	301.53	1.94	8.25	92.00	6.67	61.31	2.74	416.50	3.08	5.90	100.00	0.00	74.94	3.08	441.00
0.82	9.12	67.00	20.00	34.31	2.10	303.39	1.96	8.13	92.00	6.67	61.31	2.74	418.22	3.10	5.93	100.00	0.00	72.26	2.97	441.00
0.84	9.41	68.00	20.00	35.52	2.15	305.22	1.98	8.01	92.00	6.67	61.31	2.74	419.92	3.12	5.98	100.00	0.00	75.67	3.11	441.00
0.86	9.56	69.00	20.00	36.50	2.17	307.12	2.00	8.11	93.00	6.67	62.53	2.76	421.50	3.14	5.72	100.00	0.00	72.99	3.00	441.00
0.88	9.71	70.00	20.00	37.47	2.20	309.03	2.02	8.06	94.00	10.00	63.02	2.76	423.11	3.16	5.21	100.00	0.00	71.29	2.93	441.00
0.9	9.57	70.00	20.00	37.47	2.20	310.97	2.04	8.09	94.00	6.67	63.50	2.78	424.79	3.18	5.57	100.00	0.00	71.29	2.93	441.00
0.92	9.44	70.00	20.00	37.47	2.20	312.89	2.06	8.04	95.00	10.00	63.99	2.77	426.37	3.20	5.36	100.00	0.00	73.24	3.01	441.00
0.94	9.66	71.00	20.00	38.69	2.24	314.81	2.08	8.00	95.00	6.67	64.23	2.78	427.93	3.22	5.29	100.00	0.00	72.75	2.99	441.00
0.96	9.52	71.00	20.00	38.69	2.24	316.76	2.10	8.05	95.00	0.00	64.72	2.80	429.31	3.24	4.02	100.00	0.00	70.56	2.90	441.00
0.98	10.09	73.00	20.00	41.12	2.32	318.72	2.12	8.03	96.00	3.33	65.45	2.80	430.62	3.26	3.99	100.00	0.00	70.56	2.90	441.00
1	9.95	73.00	20.00	41.12	2.32	320.77	2.14	7.99	96.00	0.00	65.69	2.81	432.00	3.28	3.99	100.00	0.00	70.56	2.90	441.00
1.02	10.23	74.00	16.67	42.58	2.36	322.80	2.16	8.06	97.00	3.33	66.67	2.82	433.17	3.30	3.98	100.00	0.00	70.80	2.91	441.00
1.04	10.72	76.00	16.67	44.77	2.42	324.91	2.18	8.03	97.00	0.00	66.91	2.84	434.63	3.32	3.98	100.00	0.00	70.56	2.90	441.00
1.06	11.21	78.00	13.33	46.96	2.47	327.11	2.20	8.03	98.00	3.33	67.88	2.85	435.62	3.34	3.99	100.00	0.00	70.56	2.90	441.00
1.08	11.32	79.00	13.33	47.93	2.49	329.46	2.22	8.00	98.00	0.00	68.13	2.86	437.00	3.36	3.89	100.00	0.00	70.80	2.91	441.00
1.1	11.16	79.00	13.33	47.93	2.49	331.79	2.24	8.02	99.00	3.33	69.10	2.87	437.75	3.38	4.00	100.00	0.00	71.29	2.93	441.00
1.12	11.28	80.00	13.33	48.91	2.51	334.11	2.26	8.00	99.00	0.00	69.34	2.88	439.00	3.40	3.99	100.00	0.00	71.53	2.94	441.00

Table C.10: Sensitivity analysis summary for different testing rates. network: N2; testing strategy: IR; $\alpha = 8$.

τ	%RI	%DC	%DA	%OCC	AL	κ	τ	%RI	%DC	%DA	%OCC	AL	κ	τ	%RI	%DC	%DA	%OCC	AL	κ
0	8.05	56.00	36.67	23.11	1.70	255.33	1.02	10.18	81.00	20.00	49.39	2.51	345.41	2.04	8.01	98.00	0.00	68.13	2.86	436.92
0.02	8.02	56.00	36.67	23.11	1.70	255.68	1.04	10.08	81.00	16.67	49.64	2.52	347.93	2.06	7.95	98.00	0.00	68.13	2.86	437.00
0.04	8.00	56.00	36.67	23.11	1.70	256.00	1.06	9.90	81.00	16.67	49.64	2.52	350.40	2.08	8.00	99.00	3.33	69.10	2.87	438.00
0.06	8.05	56.00	33.33	23.36	1.71	256.37	1.08	9.73	81.00	16.67	49.64	2.52	352.82	2.1	7.98	99.00	0.00	69.34	2.88	439.00
0.08	8.01	56.00	33.33	23.36	1.71	256.88	1.1	9.84	82.00	16.67	50.61	2.54	355.24	2.12	7.96	99.00	0.00	69.59	2.89	439.00
0.1	8.11	56.00	36.67	23.11	1.70	257.52	1.12	9.67	82.00	16.67	50.61	2.54	357.63	2.14	8.00	100.00	3.33	70.32	2.89	440.00
0.12	8.06	56.00	36.67	23.11	1.70	258.21	1.14	9.79	83.00	16.67	51.58	2.55	359.98	2.16	8.00	100.00	0.00	70.56	2.90	441.00
0.14	8.00	56.00	36.67	23.11	1.70	258.96	1.16	9.69	83.00	13.33	51.82	2.57	362.34	2.18	7.99	100.00	0.00	70.56	2.90	441.00
0.16	8.02	56.00	33.33	23.36	1.71	259.72	1.18	9.52	83.00	13.33	51.82	2.57	364.67	2.2	7.98	100.00	0.00	70.56	2.90	441.00
0.18	8.26	57.00	36.67	23.84	1.72	260.38	1.2	9.36	83.00	13.33	51.82	2.57	366.96	2.22	7.97	100.00	0.00	70.56	2.90	441.00
0.2	8.19	57.00	36.67	23.84	1.72	261.27	1.22	9.27	83.00	10.00	52.07	2.58	369.21	2.24	8.00	100.00	0.00	71.05	2.92	441.00
0.22	8.13	57.00	36.67	23.84	1.72	262.20	1.24	9.11	83.00	10.00	52.07	2.58	371.45	2.26	7.99	100.00	0.00	70.56	2.90	441.00
0.24	8.48	58.00	36.67	24.82	1.76	263.23	1.26	8.95	83.00	10.00	52.07	2.58	373.64	2.28	7.96	100.00	0.00	70.56	2.90	441.00
0.26	8.40	58.00	36.67	24.82	1.76	264.41	1.28	8.80	83.00	10.00	52.07	2.58	375.80	2.3	8.00	100.00	0.00	71.53	2.94	441.00
0.28	8.31	58.00	36.67	24.82	1.76	265.65	1.3	8.65	83.00	10.00	52.07	2.58	377.91	2.32	7.84	100.00	0.00	71.78	2.95	441.00
0.3	8.22	58.00	36.67	24.82	1.76	266.95	1.32	8.64	84.00	13.33	53.04	2.60	380.00	2.34	7.97	100.00	0.00	70.56	2.90	441.00
0.32	8.12	58.00	36.67	24.82	1.76	268.25	1.34	8.49	84.00	13.33	53.04	2.60	382.07	2.36	7.82	100.00	0.00	72.26	2.97	441.00
0.34	8.03	58.00	36.67	24.82	1.76	269.55	1.36	8.35	84.00	13.33	53.04	2.60	384.11	2.38	7.94	100.00	0.00	70.56	2.90	441.00
0.36	8.29	59.00	36.67	25.79	1.80	270.97	1.38	8.49	85.00	13.33	54.26	2.62	386.14	2.4	7.94	100.00	0.00	71.53	2.94	441.00
0.38	8.68	60.00	33.33	27.01	1.85	272.49	1.4	8.35	85.00	13.33	54.26	2.62	388.14	2.42	7.56	100.00	0.00	71.29	2.93	441.00
0.4	8.57	60.00	33.33	27.01	1.85	274.09	1.42	8.63	86.00	10.00	55.72	2.66	390.15	2.44	7.76	100.00	0.00	71.53	2.94	441.00
0.42	8.45	60.00	33.33	27.01	1.85	275.70	1.44	8.49	86.00	10.00	55.72	2.66	392.14	2.46	7.37	100.00	0.00	70.56	2.90	441.00
0.44	8.34	60.00	33.33	27.01	1.85	277.29	1.46	8.35	86.00	10.00	55.72	2.66	394.09	2.48	7.98	100.00	0.00	76.16	3.13	441.00
0.46	8.79	62.00	33.33	28.47	1.89	278.93	1.48	8.21	86.00	10.00	55.72	2.66	396.01	2.5	7.91	100.00	0.00	70.80	2.91	441.00
0.48	8.67	62.00	33.33	28.47	1.89	280.63	1.5	8.08	86.00	10.00	55.72	2.66	397.91	2.52	7.98	100.00	0.00	77.86	3.20	441.00
0.5	8.55	62.00	33.33	28.47	1.89	282.35	1.52	8.30	87.00	10.00	56.93	2.69	399.77	2.54	7.94	100.00	0.00	75.91	3.12	441.00
0.52	8.85	63.00	33.33	29.68	1.94	284.07	1.54	8.17	87.00	10.00	56.93	2.69	401.65	2.56	6.02	100.00	0.00	70.56	2.90	441.00
0.54	9.01	64.00	33.33	30.66	1.97	285.89	1.56	8.04	87.00	10.00	56.93	2.69	403.50	2.58	5.99	100.00	0.00	70.56	2.90	441.00
0.56	8.88	64.00	33.33	30.66	1.97	287.75	1.58	8.20	88.00	10.00	57.91	2.70	405.23	2.6	5.99	100.00	0.00	70.56	2.90	441.00
0.58	8.74	64.00	33.33	30.66	1.97	289.57	1.6	8.07	88.00	10.00	57.91	2.70	407.05	2.62	5.99	100.00	0.00	70.56	2.90	441.00
0.6	8.97	65.00	33.33	31.87	2.02	291.44	1.62	8.02	89.00	13.33	58.39	2.70	408.73	2.64	5.93	100.00	0.00	70.80	2.91	441.00
0.62	9.33	66.00	30.00	33.33	2.08	293.41	1.64	8.12	89.00	10.00	58.88	2.72	410.32	2.66	5.98	100.00	0.00	70.56	2.90	441.00
0.64	9.54	67.00	26.67	34.55	2.12	295.43	1.66	8.00	89.00	10.00	58.88	2.72	412.00	2.68	5.93	100.00	0.00	70.56	2.90	441.00
0.66	10.31	70.00	26.67	37.47	2.20	297.66	1.68	8.03	90.00	10.00	59.61	2.72	413.63	2.7	5.93	100.00	0.00	71.53	2.94	441.00
0.68	10.64	72.00	30.00	39.17	2.24	300.06	1.7	8.06	90.00	6.67	60.10	2.74	415.18	2.72	5.97	100.00	0.00	71.78	2.95	441.00
0.7	11.32	74.00	23.33	41.61	2.31	302.58	1.72	8.01	91.00	10.00	60.58	2.74	416.82	2.74	5.99	100.00	0.00	71.29	2.93	441.00
0.72	11.13	74.00	23.33	41.61	2.31	305.20	1.74	8.05	92.00	10.00	61.31	2.74	418.30	2.76	5.95	100.00	0.00	71.29	2.93	441.00
0.74	11.16	75.00	23.33	42.58	2.33	307.81	1.76	8.01	92.00	10.00	61.56	2.75	419.89	2.78	6.00	100.00	0.00	70.80	2.91	441.00
0.76	10.96	75.00	23.33	42.58	2.33	310.49	1.78	8.04	93.00	10.00	62.29	2.75	421.39	2.8	5.98	100.00	0.00	72.26	2.97	441.00
0.78	10.85	75.00	20.00	42.82	2.35	313.16	1.8	8.01	93.00	6.67	62.53	2.76	422.92	2.82	5.94	100.00	0.00	70.80	2.91	441.00
0.8	11.08	77.00	23.33	44.77	2.39	315.88	1.82	8.06	94.00	6.67	63.75	2.79	425.18	2.84	5.97	100.00	0.00	71.29	2.93	441.00
0.82	10.89	77.00	23.33	44.77	2.39	318.61	1.84	8.01	94.00	6.67	63.75	2.79	425.82	2.86	6.00	100.00	0.00	72.51	2.98	441.00
0.84	10.69	77.00	23.33	44.77	2.39	321.28	1.86	7.99	94.00	6.67	63.75	2.79	426.00	2.88	5.99	100.00	0.00	70.80	2.91	441.00
0.86	11.07	79.00	23.33	46.96	2.44	323.97	1.88	8.04	95.00	3.33	64.72	2.80	428.39	2.9	5.99	100.00	0.00	72.75	2.99	441.00
0.88	11.02	79.00	16.67	47.45	2.47	326.71	1.9	8.02	95.00	0.00	64.96	2.81	429.76	2.92	5.63	100.00	0.00	71.05	2.92	441.00
0.9	10.97	80.00	20.00	48.18	2.48	329.48	1.92	7.99	96.00	6.67	65.45	2.80	431.00	2.94	5.70	100.00	0.00	71.53	2.94	441.00
0.92	10.77	80.00	20.00	48.18	2.48	332.20	1.94	8.05	96.00	0.00	65.94	2.82	432.29	2.96	5.76	100.00	0.00	70.80	2.91	441.00
0.94	10.94	81.00	20.00	49.39	2.51	334.90	1.96	7.99	96.00	0.00	65.94	2.82	433.00	2.98	5.05	100.00	0.00	72.75	2.99	441.00
0.96	10.74	81.00	20.00	49.39	2.51	337.59	1.98	8.07	97.00	0.00	66.91	2.84	434.09	3	5.34	100.00	0.00	71.53	2.94	441.00
0.98	10.55	81.00	20.00	49.39	2.51	340.25	2	7.96	97.00	0.00	66.91	2.84	435.00							
1	10.37	81.00	20.00	49.39	2.51	342.86	2.02	8.03	98.00	3.33	67.88	2.85	435.62							

Table C.11: Sensitivity analysis summary for different testing rates. network: N2; testing strategy: HR; $\alpha = 8$.

τ	%RI	%DC	%DA	%OCC	AL	κ	τ	%RI	%DC	%DA	%OCC	AL	κ
0	8.05	56.00	36.67	23.11	1.70	255.33	0.58	8.00	73.00	26.67	41.36	2.33	333.00
0.02	8.02	56.00	36.67	23.11	1.70	255.71	0.6	8.05	74.00	26.67	42.09	2.34	334.36
0.04	8.20	56.00	36.67	23.11	1.70	256.18	0.62	8.02	74.00	23.33	42.34	2.35	335.74
0.06	8.13	56.00	36.67	23.11	1.70	257.21	0.64	8.01	74.00	20.00	42.58	2.36	336.85
0.08	8.11	56.00	36.67	23.36	1.71	258.53	0.66	8.01	74.00	23.33	42.82	2.38	337.82
0.1	8.04	56.00	33.33	23.60	1.73	260.45	0.68	8.00	74.00	26.67	42.58	2.36	338.95
0.12	8.17	57.00	36.67	24.33	1.75	262.60	0.7	8.01	75.00	30.00	43.07	2.36	339.92
0.14	8.06	57.00	33.33	24.57	1.77	265.12	0.72	8.02	75.00	26.67	43.31	2.37	340.79
0.16	8.25	58.00	33.33	25.30	1.79	267.52	0.74	8.03	75.00	23.33	43.55	2.39	341.57
0.18	8.41	59.00	33.33	26.76	1.86	270.31	0.76	8.06	75.00	20.00	43.80	2.40	342.15
0.2	8.55	60.00	33.33	27.98	1.92	273.31	0.78	8.00	75.00	20.00	43.80	2.40	342.94
0.22	8.95	62.00	30.00	30.17	2.00	276.74	0.8	8.05	76.00	26.67	44.28	2.39	343.35
0.24	9.23	64.00	30.00	32.36	2.08	280.84	0.82	8.00	76.00	30.00	43.80	2.37	344.00
0.26	9.15	65.00	30.00	33.33	2.11	284.95	0.84	8.04	76.00	26.67	44.04	2.37	344.48
0.28	9.27	67.00	33.33	35.28	2.16	289.25	0.86	8.00	75.00	20.00	43.80	2.40	345.00
0.3	9.46	69.00	33.33	37.47	2.23	293.58	0.88	8.04	76.00	23.33	44.28	2.39	345.45
0.32	9.15	69.00	33.33	37.47	2.23	297.84	0.9	8.00	76.00	23.33	44.28	2.39	345.93
0.34	8.87	69.00	33.33	37.47	2.23	301.80	0.92	8.06	76.00	20.00	44.53	2.41	346.09
0.36	8.68	69.00	30.00	37.71	2.25	305.49	0.94	8.04	76.00	20.00	44.53	2.41	346.51
0.38	8.43	69.00	30.00	37.71	2.25	308.99	0.96	8.01	76.00	20.00	44.53	2.41	346.88
0.4	8.19	69.00	30.00	37.71	2.25	312.28	0.98	7.98	76.00	20.00	44.53	2.41	347.00
0.42	8.11	70.00	33.33	38.69	2.27	315.42	1	8.05	76.00	23.33	44.53	2.41	347.24
0.44	8.05	70.00	26.67	39.17	2.30	318.30	1.02	8.03	76.00	23.33	44.53	2.41	347.54
0.46	8.07	71.00	33.33	39.42	2.28	321.00	1.04	8.01	76.00	23.33	44.53	2.41	347.82
0.48	8.03	71.00	26.67	39.90	2.31	323.52	1.06	7.99	76.00	23.33	44.53	2.41	348.00
0.5	8.03	72.00	26.67	40.63	2.32	325.63	1.08	8.07	76.00	20.00	44.77	2.42	348.02
0.52	8.02	72.00	30.00	40.39	2.31	327.74	1.1	8.05	76.00	20.00	44.77	2.42	348.24
0.54	8.02	73.00	30.00	41.12	2.32	329.65	1.12	8.04	76.00	20.00	44.77	2.42	348.44
0.56	8.05	73.00	23.33	41.61	2.34	331.29							

Appendix C.2. Threshold on allocation decisions and risk of infection

814 Tables C.12 and C.13 summarize the results of the sensitivity analysis over the threshold of the expected number
of infected employees, α , analyzed in Subsection 5.1.2. Table C.12 details the proportion of infected employees
816 for several values of α and testing strategies. Table C.13 shows the expected proportion of allocated employees.
Each panel considers different testing rates for the testing strategies. The first panel considers τ : SR = 5%, IR =
818 1%, 5%, 18%, HR = 75%; The second panel considers τ : SR = 20%, IR = 15%, 20%, 33%, HR = 100%; The third
panel considers τ : SR = 35%, IR = 30%, 35%, 48%, HR = 100%.

Table C.12: Expected proportion of infected employees, RI , for several values of α and testing strategies.

α	τ : SR=5%, IR=1%, 5%, 18%, HR=75%				τ : SR=20%, IR=15%, 20%, 33%, HR=100%				τ : SR=35%, IR=30%, 35%, 48%, HR=100%			
	SR	IR	HR	No testing	SR	IR	HR	No testing	SR	IR	HR	No testing
0	7.56	8.40	7.88	7.16	9.95	10.37	5.63	7.16	8.35	7.10	5.63	7.16
2	7.56	8.40	7.88	7.16	9.95	10.37	5.63	7.16	8.35	7.10	5.63	7.16
4	7.56	8.40	7.88	7.16	9.95	10.37	5.63	7.16	8.35	7.10	5.63	7.16
6	7.56	8.40	7.88	7.16	9.95	10.37	6.06	7.16	8.35	7.10	6.06	7.16
8	8.00	8.40	8.25	8.05	9.95	10.37	8.05	8.05	8.35	8.01	8.05	8.05
10	10.06	10.05	10.01	10.07	10.02	10.37	10.00	10.07	10.03	10.07	10.00	10.07
12	12.04	12.04	12.01	12.03	12.00	12.02	12.05	12.03	11.98	11.01	12.05	12.03
14	14.07	14.01	14.00	14.04	14.07	14.01	13.95	14.04	11.98	11.01	13.95	14.04
16	16.04	16.04	15.98	16.04	16.01	16.03	15.97	16.04	11.98	11.01	15.97	16.04
18	17.97	18.01	17.96	17.96	18.03	17.99	18.03	17.96	11.98	11.01	18.03	17.96
20	20.00	20.05	20.00	20.04	19.97	17.99	19.97	20.04	11.98	11.01	19.97	20.04

Table C.13: Expected proportion of allocated employees for several values of α and testing strategies.

α	τ : SR=5%, IR=1%, 5%, 18%, HR=75%				τ : SR=20%, IR=15%, 20%, 33%, HR=100%				τ : SR=35%, IR=30%, 35%, 48%, HR=100%			
	SR	IR	HR	No testing	SR	IR	HR	No testing	SR	IR	HR	No testing
0	55.00	58.00	57.00	53.00	73.00	81.00	70.00	53.00	89.00	88.00	70.00	53.00
2	55.00	58.00	57.00	53.00	73.00	81.00	70.00	53.00	89.00	88.00	70.00	53.00
4	55.00	58.00	57.00	53.00	73.00	81.00	70.00	53.00	89.00	88.00	70.00	53.00
6	55.00	58.00	57.00	53.00	73.00	81.00	71.00	53.00	89.00	88.00	71.00	53.00
8	56.00	58.00	58.00	56.00	73.00	81.00	76.00	56.00	89.00	92.00	76.00	56.00
10	62.00	62.00	63.00	60.00	73.00	81.00	81.00	60.00	96.00	99.00	81.00	60.00
12	66.00	67.00	68.00	65.00	79.00	86.00	86.00	65.00	100.00	100.00	86.00	65.00
14	71.00	72.00	73.00	69.00	86.00	91.00	89.00	69.00	100.00	100.00	89.00	69.00
16	75.00	77.00	78.00	73.00	92.00	97.00	92.00	73.00	100.00	100.00	92.00	73.00
18	78.00	80.00	82.00	77.00	98.00	100.00	96.00	77.00	100.00	100.00	96.00	77.00
20	82.00	84.00	86.00	80.00	100.00	100.00	99.00	80.00	100.00	100.00	99.00	80.00

Table C.14 details the proportion of allocated employees for different settings of the workload demand as described in Subsection 5.2. We define the required number of employees per setting as follows: Setting 1: $s_1 = 25$, $s_2 = 45$, $s_3 = 30$; Setting 2: $s_1 = 34$, $s_2 = 33$, $s_3 = 33$; Setting 3: $s_1 = 30$, $s_2 = 25$, $s_3 = 45$.

Table C.14: Proportion of allocated employees for different workload demand configurations.

t	Setting 1			Setting 2			Setting 3		
	Demand coverage (%DC)								
	s_1	s_2	s_3	s_1	s_2	s_3	s_1	s_2	s_3
0	16.00	31.11	20.00	14.71	18.18	12.12	10.00	12.00	17.78
1	0.00	11.11	6.67	0.00	0.00	0.00	0.00	0.00	0.00
2	4.00	11.11	13.33	0.00	9.09	6.06	3.33	8.00	6.67
3	4.00	17.78	20.00	2.94	21.21	24.24	6.67	20.00	24.44
4	20.00	28.89	30.00	17.65	39.39	39.39	20.00	36.00	37.78
5	32.00	37.78	40.00	29.41	54.55	51.52	33.33	60.00	48.89
6	48.00	51.11	46.67	47.06	72.73	57.58	53.33	72.00	55.56